Article title: Predictors for Difficult Laryngeal Exposure in Suspension Laryngoscopy:

A Systematic Review and Meta-Analysis

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Highlight:

Investigation of critical predictors for difficult laryngeal exposure in suspension laryngoscopy.

Carefully retrieve and screen over 1000 studies from various databases and registers.

Strict adherence to guidelines for Meta-analysis and well-described methodology.

ABSTRACT

Objectives/Hypothesis: Many researchers have investigated parameters that could independently predict difficult laryngeal exposure (DLE) in suspension laryngoscopy; however, inconsistent results and conclusions have been reported in previous studies. We conducted a meta-analysis of the existing literature to determine the parameters that are significant for a standardized preoperative DLE prediction system.

Methods: The literature was retrieved systematically from PubMed, Embase, Web of Science, China national knowledge infrastructure (CNKI), and Wangfang until October 2022. In eligible studies, data were extracted and analyzed using the R language, and effective measures were odds ratios with 95% confidence intervals (CIs) for dichotomous variables and mean differences (MD) with 95% CIs for continuous variables.

Results: The search yielded 1574 studies, of which eighteen involving 2263 patients were included. Pooled analysis demonstrated that patients with DLE during microsurgery are often men (OR =1.73, 95% CI = [1.16, 2.57]); older age (MD = 5.47 years, 95% CI = [2.44, 8.51]); high body mass index (BMI; MD = 1.19Kg/m², 95% CI = [0.33, 2.05]); bullnecked (MD =2.50cm, 95% CI = [1.56, 3.44]); limited mouth opening (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88, -0.15]); limited neck flexibility (MD = -0.52cm, 95% CI = [-0.88 (-0.15]); limited neck flexibility (-0.52 cm + -0.52cm, 95% CI = [-0.88 (-0.152); limited neck flexibility (-0.52 cm + -0.52 cm + -0.52

10.05cm, 95% CI = [-14.10, -6.00]); specific anatomical characteristics; and modified Mallampati's index or test (OR = 3.37, 95% CI = [2.07, 5.48]).

Conclusions: Our study made a comprehensive and systematic analysis of The DLE relevant factors. Gender, age, body mass index(BMI), neck circumference (NC), modified Mallampati's index(MMI), inter-incisor gap(IIG), hyoid-mental distance (HMD), thyroid-mental distance (TMD), sterno-mental distance (SMD), and flexion-extension angle were eventually identified as highly correlated factors for DLE.

Key Words: difficult laryngeal exposure, suspension laryngoscopy, anterior commission, microlaryngoscopy.

INTRODUCTION

Suspension laryngoscopy is a widely used technique in laryngeal surgery to assist surgeons with clear exposure and visualization of the larynx. Laryngeal lesions such as vocal nodules, vocal cord polyps, papilloma of the larynx, and laryngeal carcinoma in the early clinical stage can be completely removed under suspension microlaryngoscopy. Fully exposing the larynx structure, especially the anterior commissure (AC), is important for the success of microlaryngosurgery.

Up till now, there is no consensus regarding the definition and grading of difficult laryngeal exposure (DLE). Indeed, a full visual of the anterior commissure under an adult normal-sized laryngoscope was identified as the non-DLE case [1], as well as the cases only with posterior commissure or epiglottis exposure, were defined as DLE [2]. The debate on the definition of DLE has focused on two issues: first, whether the anterior commission exposure requires external laryngeal counter pressure[3, 4]; second, the exposure limitation on the vocal cord should be defined at the first third part or the last third part[5-7]. Though the definition varies, researchers strive to identify potential factors to predict DLE. The available evidence has demonstrated the role of numerous parameters in the prediction of DLE in clinical settings; however, inconsistent results and conclusions have been reported in previous studies. Hsiung[8] pointed out that increased body mass index (BMI) is not a predictor of DLE, while Pinar [2] found a statistically significant difference in BMI between patients with and without DLE. Patients' different postures also cause differences in anthropometric parameters, such as the neutral position and the full neck extension position [2, 8]. Therefore, a comprehensive evaluation of diverse parameters in patients to precisely identify DLE is a key determinant for eventual satisfactory surgery.

MATERIALS AND METHODS

Following the preferred reporting items for systematic reviews and meta-analysis guidelines [9], we performed a meta-analysis of studies that comprehensively compared the parameters between patients with and without DLE. The methodology followed the principles of the Cochrane Handbook for Systematic Reviews of Diagnostic Test Accuracy.

Eligibility Criteria

According to the population, intervention, comparison, outcomes, and study design framework, the inclusion criteria were as follows: 1) patients undergoing suspension laryngoscopy owing to benign or malignant laryngeal lesions; 2) no comparison intervention; 3) comparison of patients with DLE with those without DLE in various parameters including age, BMI, sex, physical examination data and so on; and 4)secure records and ascertainment of laryngeal exposure situation as the outcome. 5) prospective or retrospective case-control studies. The exclusion criteria were as follows: 1) review articles, case reports, case series, letters, editorials, comments, and conferences; 2) lack of explicit DLE definition; and 3) insufficient patient information and raw data.

Information Sources and Search Strategy

A systematic electronic literature search was performed on common databases, including PubMed, Embase, Web of Science, China national knowledge infrastructure (CNKI), and Wangfang, until October 2022. To improve the sensitivity of the search strategy, we used the terms "suspension laryngoscopy," "microsurgery," "microlaryngoscopy", "microscopic," "laryngeal exposure," "difficult laryngoscopy", "predict," and "factor" as either keywords or MeSH terms. The search strategies were modified for each database as presented in Supplementary Table 1. Bibliographies of the retrieved studies were manually checked for additional eligible studies. Only published studies were included in the present meta-analysis.

Selection and Collection Process

Two reviewers independently screened the retrieved records; based on the inclusion and exclusion criteria, eligibility of the studies was decided. In case of any conflict, the decision of the senior authors was accepted. Data compatible with the outcome and detailed information about the experimental design of each study were manually extracted from the included studies by a reviewer and checked by another. The extracted data were divided into three parts: 1) literature information including the first author, publication date, sample size, and publication journal; 2) study methodology: research type, statistical method, the definition of DLE. representativeness of the cases, ascertainment of DLE and non-DLE groups; 3) investigated parameters: general parameters including age, sex, BMI, and physical examination parameters including neck circumference (NC), neck flexion-extension angle/atlanto-occipital extension, inter-incisor gap (IIG), hyoid-mental distance (HMD), thyroid-mental distance (TMD), sterno-mental distance (SMD), vertical thyroid-mental distance (VTMD), horizontal thyroid-mental distance (HTMD), thyroid-mental angle

(TMA), modified Mallampati's index or test (MMI/MMT),[10] and modified Cormack–Lehane scoring (MCLS) [11]. Details were listed in Table 2 and Table 3 in the Supplement.

Assessment

Utilizing the Newcastle-Ottawa Scale (NOS) [12], two reviewers screened and scored all potential studies. For case-control studies, the star system was used to perform a semi-quantitative assessment of study quality, in which studies with six or more stars were defined as high quality with less selection, performance, detection, and attrition bias. According to the number and features of the included studies, publication bias was evaluated using Egger's and Begg's tests. These analysis were presented in Table 4 in the Supplement.

Statistical Analysis

Review Manager 5.4 (Nordic Cochrane Center, Cochrane Collaboration, Copenhagen, Denmark) and R language (R version 4.0.2, meta24, and forest plot 25 package) were used as recommended software for meta-analysis. The different effect measures used in the presentation of results to evaluate the analysis outcome were as

follows: odds ratio with 95% confidence intervals (CIs) for dichotomous variables, and mean difference with 95% CIs for continuous variables. The synthesis of results was performed by two reviewers depending on the characteristics of the enrolled parameters in each study. Missing summary statistics were eliminated, and data conversion was used for better synthesis, such as the transition between data of the fully open mouth and inter incisor gap. According to the respective DLE definition, we divided studies into 4 categories as A, B, C, and D for subgroup analysis to control the bias due to different methods of ascertainment for laryngeal exposure. The extent of statistical heterogeneity was evaluated using the Chi-square test and I-square test within and between subgroups resulting in the different models used, the random effect model for high heterogeneity (P < 1, $I^2 > 50\%$) and fixed-effect model for the contrary [13]. The leave-one-out method was used for sensitivity analysis and the publish bias was evaluated by Egger's and Begg's test. . Details of subgroups were listed in Table 5 in the Supplement.

RESULTS

Study Selection

A total of 1574 pieces of literature were retrieved using the designed research strategies: 270 from the PubMed database, 522 from the Web of Science database, 356 from the Embase database, 256 from the CNKI database, and 170 from the Wangfang database. After removing 400 duplicates, the remaining 1174 were primarily screened based on the reference type, title, keywords, and abstract. Fifty-two studies with available full texts were evaluated qualitatively and quantitatively, of which nineteen studies defined DLE identically or similarly. A study was excluded for identical data with another study included. Finally, eighteen studies that presented the mean value and standard difference of each parameter between the DLE and non-DLE groups were included after a comprehensive evaluation. A flow diagram describing the detailed process of literature retrieval, screening, and synthesis is illustrated in Figure 1.

Study Characteristics

In the eighteen studies, 704 patients were defined as DLE, and 1559 were non-DLE. All these patients, who came from different countries including China, India [1], Tunisia [14], and Turkey [2], eventually underwent microlaryngosurgery. The most common parameters in these studies were age, sex, and BMI successively. The physical examination parameters pooled from each study were NC, neck flexion-extension angle, IIG, HMD, TMD, SMD, VTMD, HTMD, TMA, MMI, and MCLS. These anatomical parameters are illustrated in supplementary figure 1. All studies received at least six stars on the NOS, most of which were broadly similar in three domains: selection of participants, comparability of study groups, and outcome ascertainment. A summary of the characteristics of all studies is presented in Table 1 and supplementary table 3.

Results of Syntheses

Evidence was found that DLE was more likely to occur in male (OR = 1.73, 95% CI = [1.16, 2.57], $I^2 = 65\%$, P = 0.007). Twelve studies involving 822 males and 806 females supported the significant difference except three studies. Seven studies reported the age distribution among patients, including 310 with DLE and 537 without DLE. Study heterogeneity (P = 0.003, $I^2 = 70\%$) determined the random-effects model used for analysis. Pooled data revealed that patients with DLE were older than those without DLE (MD = 5.47 years, 95% CI = [2.44, 8.51], P = 0.0004). Another general parameter found to be relevant to laryngeal exposure was BMI. We analyzed all available BMI data in eight studies using a random-effects model (P < 0.0001, $I^2 = 78\%$). There was a statistically significant difference in BMI between the two groups

(MD = 1.19 Kg/m², 95% CI = [0.33, 2.05], P = 0.007). General information is shown in Figure 3.

A pooled meta-analysis indicated that the DLE group had a significantly longer NC than the non-DLE group by 2.50 cm (MD = 2.50cm, 95% CI = [1.56, 3.44], $I^2 =$ 73%, P < 0.00001) which supported by all subgroup analysis results. A significantly shorter IIG was found in the DLE group than in the non-DLE group (MD = -0.52cm, 95% CI = [-0.88, -0.15], $I^2 = 95\%$, P = 0.005) in six studies, while the subgroup C indicated no statistical difference. The flexion-extension angle was mentioned in five studies, which showed an apparently smaller angle in patients with DLE (MD = -10.05cm, 95% CI = [-14.10, -6.00], $I^2 = 90\%$, P < 0.00001) than in those without DLE. With regard to HMD, we assessed the difference in both the neutral (MD = -0.23cm, 95% CI = [-0.35, -0.12], P < 0.0001) and full extension positions (MD = -0.46cm, 95% CI = [-0.70, -0.22], P = 0.0002). The heterogeneity of HMD in the neutral position (I²) = 0%, P = 0.74)was far smaller than the other one (I² = 83%, P < 0.0001), and the heterogeneity between or within subgroups as well. Similar to HMD, TMD was measured in the neutral position (MD = -0.54cm, 95% CI = [-0.91, -0.17], $I^2 = 87\%$, P = 0.004) and full extension position (MD = -1.09cm, 95% CI = [-1.32, -0.86], I² = 68%, P < 0.00001), which was shorter in the DLE group than in the non-DLE group, according to seven studies. In four studies, the horizontal and vertical components of the TMD in both neutral and full extension positions were also measured; however, no statistical difference was detected in the above four parameters. SMD was significantly different only in the full extension position (MD = -1.85cm, 95% CI = [-2.05, -1.65], I² = 47%, P < 0.00001) and not in the neutral position (MD = -0.23cm, 95% CI= [-0.46, 0.01], I² = 0%, P = 0.06). All the synthesized results of the anatomical characteristics are illustrated in Figures 3 and 4.

There were different kinds of DLE or difficult intubation (DI)-associated evaluation indices, including visual analog score, Mallampati's index, MMI/MMT, MCLS, and Yamamoto index, as possible predictors investigated by various studies. Based on the available data, we analyzed the two most common indices, MMI and MCLS. We found a higher risk of worse MMI index in patients with DLE than in those without DLE (OR = 3.37, 95% CI = [2.07, 5.48], $I^2 = 70\%$, P < 0.0001) from twelve studies. However, the synthesized results of the MCLS demonstrated no statistical differences. The results of the evaluation index are shown in Figure 5. Studies with different DLE definitions sometimes indicated different conclusions in subgroup analysis, however these results were meaningless for the test for subgroup difference is negative (all P>0.05). The results of sensitivity analysis and publication bias are

summarized in Supplementary Table 1. Egger's and Begg's tests indicated that there was no obvious publication bias in eligible studies (all P > 0.05). The results of all positive parameters were validated by leave-one-out method.

DISCUSSION

Our study was a concise and comprehensive meta-analysis of prospective and controlled studies that aimed to identify the instructive and predictive parameters of DLE in suspension laryngoscopy. With the ascertainment of laryngeal exposure and related patient parameters, ten independent parameters were determined as powerful predictors of DLE including gender, age, BMI, MMI, NC, IIG, neck flexion-extension angle, HMD, TMD, and SMD. The synthesized results indicated that it was more challenging to ensure a complete and clear laryngeal exposure during microsurgery in patients who were older, obese, bullnecked, with limited mouth opening and neck joint movements, shorter anatomical distance, and with specific MMI.

Among the general parameters, gender, BMI, and age displayed statistical significance in our meta-analysis, which was consistent with previous studies. Clinical observation showed that male had a high rate of short, thick, stiff and muscular neck,

obesity, macroglossia, and extension limitations of the cervical spine, but opposite in female [15] [16] [17] High levels of adiposity may impair muscle activation, leading to the functional limitation. Hekiert et al. [5] suggested that obese individuals were 6.5 times more likely to experience DLE than those without obesity. Obesity relevant DLE was always correlated with decreased oxygen saturation, limited jaw mobility, a narrow upper airway and increased muscle size [18-21]. Another positive parameter, age, was closely related to BMI: older patients tended to have a higher percentage of body fat. Additionally, upper airway dimensions such as oropharyngeal junction, maximum pharyngeal area, and pharyngeal volume decreased with age[22]. Several studies pointed out that though the elderly person was more likely to have smaller tongue size due to the degeneration of the tongue muscle fiber size and number[23, 24], they still suffered a DLE situation with other disadvantages like obesity, thick and stiff neck, degeneration of joint and muscle function[8, 15, 17, 20].

In terms of anatomical characteristics, the neck circumference (NC) and neck flexion-extension angle showed obvious discrepancies between the non-DLE and DLE groups. Paul et al. [1] concluded that patients with a NC of more than 34.25 cm were four times more likely to have difficult laryngoscopy. Inter-incisor gap (IIG) is another vital observational index related to DLE. A sufficient wide mouth opening is important

for transoral laryngoscopy; therefore, a gum elastic bougie was sometimes used when patients encountered DLE. The absence of teeth broadens the mouth space and expands the IIG. some researchers found that the chance of DLE increases progressively in patients with different dental statuses: edentulous; partially edentulous, normal teeth, and prominent teeth. [4, 25, 26] Considering the various anatomical distances, a slight difference in each parameter in one dimension could result in a significant discrepancy in the three-dimensional structure of the pharyngeal space. To some extent, the investigated parameters, such as TMD, HMD, and SMD, could together determine the aforementioned upper airway dimensions. We classified and counted physical measurement data in the neutral and Boyce-Jackson sniffing positions (the head and neck into full extension), which made laryngeal exposure easier by the placement of sniffing positions [27]. Except for HTMD, the MD of all parameters increased in the sniffing/full extension position compared with the neutral position, which validated the reliability of the synthesized data. Regarding the anatomical characteristics, high heterogeneity could be attributed to measuring bias in addition to the aforementioned factors, particularly for IIG ($I^2 = 95\%$) and flexion-extension angle ($I^2 = 92\%$), which are difficult to be measured precisely as other parameters.

It is also important to note that well-known parameters of difficult endotracheal intubation were also included in our study. MMI, a relatively simple grading system to predict DI, was found to be a strong predictor of DLE. Merah et al. [28] pointed out that MMI was an optimal single predictor with sensitivity, specificity, and positive predictive values of 61.5%, 98.4%, and 57.1%, respectively. MCLS, closely associated with MMI, was a negative result that was investigated in three studies. Regarding MMI $(I^2 = 70\%)$ and MCLS $(I^2 = 97\%)$, defined by subjective judgment, visual errors are also unavoidable. Furthermore, direct rigid laryngoscopy and microlaryngoscopy have been used to expose the laryngeal cavity in some studies [1, 8]. The size, resolution, focal length, and aperture of the two types of laryngoscopies may determine laryngeal exposure. Unlike anesthesia intubation, even subtle differences in vocal fold exposure could affect DLE grading.

So far, there is no preoperative prediction system to date that uses objective parameters for DLE. Schmitt et al. [29] pointed out that the ratio of height to thyromental distance had a great predictive value, which indicated that we could further investigate the difference value and ratio of existing parameters, and incorporate novel proposed parameters such as mandibular tori [30] and percentage of the glottic opening [31]. Wajekar et al. [19] also found that the combination of the upper lip bite test, MMI, and TMD had the highest specificity with an acceptable sensitivity to predict DI. Kharrat et al. [14] used lateral X-ray films to evaluate anatomical characteristics instead of physical measurements. In addition, various studies have used computed tomography, radiographs, and ultrasound to predict difficult airways [31]. Many studies [1, 2, 5, 8, 32] conducted multivariate logistic regression analysis to control the interaction of parameters. Three studies [2, 5, 6] conducted correlation analysis between parameters and DLE. In addition, several studies [1, 6, 8, 32] have defined the cut-off values of specific parameters and performed receiver operating characteristic analysis to identify useful screening tests for DLE. Furthermore, Piazza et al. [4] established a standardized preoperative assessment protocol known as laryngoscore in 2014, which included 11 parameters, and Arjun et al. [3] and Tirelli et al. [33] conducted external validation of it. In 2019, Incandela et al. [34] then proposed a mini-version of laryngoscore comprised of three parameters: interincisors gap, thyromental distance, and upper jaw dental status. Our analysis results indicate that there is significant statistic difference in age, neck circumference, TMD and SMD in full extension, which should be included in DLE predict system. And the scale score proportion should be customed according to the predictive performance of different parameters. Furthermore, we propose the preoperative prediction system should not only estimate the incidence of DLE but also

recommend the optimum surgery approach and laryngoscope model for the individual patient based on the datasets of specific parameters in the future. Larger long-term follow-up studies should be conducted to explore the optimal treatment for DLE and related complications.

In this study, we observed that different study groups had inconsistent definitions of DLE. Therefore, the literature was divided by definition into four subgroups (supplementary table 6) for analysis. The results indicated that the heterogeneity within different DLE definition subgroups was different, but the heterogeneity between subgroups was mostly low, indicating that the difference in DLE classification definition had a limited impact on the group results (see supplementary figure 2-13).

We conducted the first meta-analysis to identify the reliable predictors for DLE according to the standard guidelines, which encompasses over 2000 cases from 4 countries. Rigorous literature quality control eliminates potential bias and ensures the reliability of the results. Subgroup, sensitivity, and publication bias analysis were used to test heterogeneity and validate our conclusion. We found 12 valuable parameters for DLE prediction to help surgeons better deal with DLE in clinical practice. Nevertheless, the present meta-analysis has several limitations. First, inevitable biases existed in our study process; for example, potential bias in the DLE definition might have resulted in the obscure division of the experimental and control groups. The surgeon's experience affects the chance of DLE in clinical practice. Paul mentioned senior surgeons provided guidance in part of the difficult microlaryngosurgery of the participants in his study.[1] But none of the 18 included studies proposed addressing to control this confounding factor. Furthermore, most studies chose hospital controls, which comprised patients with different laryngeal lesions rather than the normal population, which inevitably led to increased selection bias risk. Additionally, a NOS star system was used to evaluate the risk of bias, and most studies obtained six or seven stars instead of eight or more, indicating that the study design and performance should still be optimized. Second, the high heterogeneity of some parameters impaired the credibility of the results. We did not conduct meta regression and owing to inadequate data, study features, and study numbers. Finally, most studies lacked long-term follow-up to observe the related complications in patients with DLE.

CONCLUSION

Reasonable assessment of DLE can help the surgeon prepare alternative surgical plan and instruments in advance, which reduce the chance of surgery failure and related complications. Our study made a comprehensive and systematic analysis of the factors that cause DLE. Gender, age, BMI, NC, MMI, IIG, HMD, TMD, SMD, and flexionextension angle were confirmed as predictors of DLE, which should be paid more attention during microsurgery.

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Table1 title: Summary of Characteristics of 18 Studies Included.

Legend: (DLE=difficult laryngeal exposure; NOS= the Newcastle-Ottawa Scale)

LIST OF LEGENDS

Fig.1 Flow diagram of article screening for systemic review.

Fig.2 Forest plot demonstrating the discrepancy of general parameters including gender, age and BMI between DLE group and non-DLE group. (DLE= difficult laryngeal exposure; SD= standard deviation; IV= inverse variance; M-H= Mantel Haenszel; CI= confidence interval.)

Fig.3 Forest plot demonstrating the discrepancy of anatomical characteristics including neck circumference, interincisors gap, and flexion-extension angle between DLE group and non-DLE group. (DLE= difficult laryngeal exposure; SD= standard deviation; IV= inverse variance; CI= confidence interval.)

Fig.4 Forest plot demonstrating the discrepancy of anatomical characteristics including hyoid-mental distance (HMD), thyroid-mental distance (TMD), and sterno-mental distance (SMD) between DLE group and non-DLE group. (DLE= difficult laryngeal exposure; SD= standard deviation; IV= inverse variance; CI= confidence interval.) Fig.5 Forest plot demonstrating the discrepancy of Modified Mallampati's Index (MMI) between DLE group and non-DLE group. (DLE= difficult laryngeal exposure; SD= standard deviation; IV= inverse variance; M-H= Mantel Haenszel; CI= confidence interval.) Supplementary table 1 title: Research algorithm for each database.

Supplementary table 2 title: Raw data composited of dichotomous and continuous variables collected from included studies

Supplementary table 3 title: Aggregation of the general information of included studies.

Supplementary table 4 title: Aggregation of the detailed NOS score of included studies. *: obtaining one point on the Newcastle-Ottawa Scale (NOS).

Supplementary table 5 title: The results of sensitive analysis and publication bias. BMI: body mass index; MMI: Modified Mallampati's Index; IIG: Interincisors gap; HMD: hyoid-mental distance; TMD: thyroid-mental distance; SMD: sterno-mental distance.

Supplementary table 6 title: The grade of subgroups according to the DLE definition. The data of age, BMI, and MMI are included in the overall analysis rather than subgroup analysis, as being insufficient to be transferred and aggregated.

Supplementary figure 1: Illustration of anatomical parameters including HMD, TMD, SMD, VTMD, HTMD, and TMA. A: HMD; B: TMD; C: SMD D: VTMD; E: HTMD.

Supplementary figure 2-13 title: Summary of forest plots with subgroup analysis of all twelve positive parameters.

LIST OF ABBREVIATIONS

DLE:difficult laryngeal exposure; NC:neck circumference; IIG:inter-incisor gap HMD:hyoid-mental distance; TMD:thyroid-mental distance; SMD: sterno-mental distance; VTMD: vertical thyroid-mental distance; HTMD: horizontal thyroid-mental distance; TMA: thyroid-mental angle; MMI/MMT: modified Mallampati's index or test; MCLS: modified Cormack–Lehane scoring; M-H= Mantel Haenszel

Table 1.

Table 1														
	Summary of Characteristics of 18 Studies Included													
Author/year	Type of	Parameter	DLE patient	Non-DLE patient	NOS stars									
	analysis	amount	quantity	quantity										
Meng	prospective	10	7	46	7									
2010														
Wang	prospective	11	20	69	7									
2012														
Sun	prospective	9	64	93	7									
2015														
Wang	prospective	8	81	206	7									
2015														
Huang	prospective	12	6	52	7									
2016														
Ma	prospective	18	22	40	7									
2016														
Paul	prospective	11	31	86	7									
2016														
Jin	prospective	10	35	158	7									
2016														
Li	prospective	14	35	55	7									
2017														
Pinar	prospective	11	22	71	7									
2009														
Liu	prospective	11	52	98	7									
2021														
Liu	prospective	7	22	73	7									
2022														
Chen	retrospective	11	63	121	6									
2019														
Cheng	prospective	13	97	113	7									
2020														
Hsiung	Prospective	9	19	37	6									
2004														

Wei	prospective	7	32	46	7
2018					
Wang	prospective	12	37	141	6
2021					
Kharrat	prospective	16	19	62	7
2022					

DLE=difficult laryngeal exposure; NOS= the Newcastle-Ottawa Scale





Fig. 2

GENDER

	DLE		NON-E	DLE		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% Cl
Chen 2019	29	63	65	121	10.6%	0.73 [0.40, 1.35]	
Cheng 2020	40	97	52	113	11.1%	0.82 [0.48, 1.42]	
Hsiung 2004	10	19	6	37	5.8%	5.74 [1.64, 20.14]	
Huang 2016	2	6	20	52	3.6%	0.80 [0.13, 4.78]	• • •
Li 2017	18	35	20	55	8.5%	1.85 [0.78, 4.38]	
Liu 2021	30	52	46	98	10.0%	1.54 [0.78, 3.04]	
Ma 2016	16	22	6	40	5.7%	15.11 [4.21, 54.25]	
Paul 2016	28	31	68	86	5.6%	2.47 [0.67, 9.06]	
Sun 2015	38	64	34	93	10.2%	2.54 [1.32, 4.87]	
Wang 2015	50	81	101	206	11.3%	1.68 [0.99, 2.83]	
Wang 2021	22	37	80	141	9.5%	1.12 [0.54, 2.33]	
Wei 2018	19	32	22	47	8.1%	1.66 [0.67, 4.12]	
Total (95% CI)		539		1089	100.0%	1.73 [1.16, 2.57]	-
Total events	302		520				
Heterogeneity: Tau ² = 0	0.29; Chi ²	= 31.4	0, df = 11	(P = 0	.0010); l ² :	= 65%	
Test for overall effect: 2	Z = 2.70 (F	P = 0.0	07)				Favours [experimental] Favours [control]

AGE

		DLE NON-DLE						Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% C	IV, Random, 95% Cl
Chen 2019	45.62	12.07	63	41.38	10.54	121	16.5%	4.24 [0.72, 7.76]	
Cheng 2020	48.73	16.07	97	45.16	13.95	113	15.3%	3.57 [-0.53, 7.67]	
Hsiung 2004	51.3	11	19	41	11	37	11.4%	10.30 [4.22, 16.38]	
Li 2017	50.43	13.41	35	36.27	10.61	55	13.0%	14.16 [8.91, 19.41]	\rightarrow
Liu 2021	44.41	8.62	52	41.76	10.79	98	17.2%	2.65 [-0.52, 5.82]	
Liu 2022	43.12	8.35	22	41.68	10.15	73	15.1%	1.44 [-2.75, 5.63]	
Ma 2016	45.25	12.37	22	40.55	9.73	40	11.6%	4.70 [-1.28, 10.68]	
Total (95% CI)			310			537	100.0%	5.47 [2.44, 8.51]	
Heterogeneity: Tau ² =	11.37; 0	Chi ² = 19	9.99, df	= 6 (P =	= 0.003	; ² = 7	0%		
Test for overall effect:	Z = 3.53	(P = 0.	.0004)						Favours [experimental] Favours [control]

BMI

	DLE NON-DLE				E		Mean Difference	Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Cl
Chen 2019	23.85	3.94	63	23.17	2.05	121	13.4%	0.68 [-0.36, 1.72]	
Cheng 2020	24.18	3.02	97	23.59	2.65	113	14.7%	0.59 [-0.18, 1.36]	+
Hsiung 2004	23.6	2.4	19	22.7	3.3	37	11.0%	0.90 [-0.61, 2.41]	
Li 2017	23.9	4.72	35	23.09	1.73	55	10.4%	0.81 [-0.82, 2.44]	
Liu 2021	27.64	3.21	52	24.04	1.69	98	13.9%	3.60 [2.67, 4.53]	
Liu 2022	26.56	2	22	25.64	2.57	73	13.5%	0.92 [-0.10, 1.94]	
Ma 2016	24.36	1.86	22	24.01	2.58	40	13.0%	0.35 [-0.77, 1.47]	
Paul 2016	23.91	4.34	31	22.36	3.8	86	10.0%	1.55 [-0.18, 3.28]	
Total (95% CI)			341			623	100.0%	1.19 [0.33, 2.05]	-
Heterogeneity; Tau ² = 1.15; Chi ² = 31.72, df = 7 (P < 0.0001); l ² = 78%									
Test for overall effect:	Z = 2.71	(P = (0.007)					-4 -2 0 2 4 Favours [experimental] Favours [control]	

INTERINCISORS GAP

	DLE NON-DLE							Mean Difference	Mean Difference			
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	I IV, Random, 95% CI			
Chen 2019	3.76	0.72	63	4.81	0.65	121	16.8%	-1.05 [-1.26, -0.84]				
Cheng 2020	3.81	0.74	97	4.13	0.98	113	16.6%	-0.32 [-0.55, -0.09]				
Huang 2016	3.7	0.3	6	4.3	0.4	52	16.3%	-0.60 [-0.86, -0.34]	_ - _			
Jin 2016	3.96	0.68	35	4.48	0.65	158	16.5%	-0.52 [-0.77, -0.27]	_ 			
Li 2017	3.81	0.63	35	4.47	0.6	55	16.3%	-0.66 [-0.92, -0.40]	_ - _			
Liu 2021	4.04	0.35	52	4.03	0.27	98	17.5%	0.01 [-0.10, 0.12]	+			
Total (95% CI)			288			597	100.0%	-0.52 [-0.88, -0.15]	◆			
Heterogeneity: Tau ² =	0.19; Ch	ni² = 93	3.91, df	= 5 (P								
Test for overall effect:	Z = 2.79	(P = (0.005)		Favours [experimental] Favours [control]							

NECK CIRCUMFERENCE

	DLE NON-DLE				E		Mean Difference	Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	I IV. Random, 95% CI
Chen 2019	42.98	3.75	63	38.61	4.13	121	14.7%	4.37 [3.19, 5.55]	
Cheng 2020	39.85	6.26	97	36.57	5.13	113	12.5%	3.28 [1.72, 4.84]	
Huang 2016	46.8	6.5	6	47.1	8.9	52	2.3%	-0.30 [-6.04, 5.44]	· · · · · · · · · · · · · · · · · · ·
Jin 2016	39.57	2.34	35	37.65	2.73	158	16.4%	1.92 [1.04, 2.80]	
Li 2017	33.09	4.09	35	32.77	1.86	55	13.2%	0.32 [-1.12, 1.76]	
Liu 2021	41.26	3.17	52	37.86	1.46	98	16.3%	3.40 [2.49, 4.31]	
Liu 2022	41.36	3.98	22	39.31	3.67	73	10.9%	2.05 [0.19, 3.91]	
Paul 2016	37.86	3.26	31	35.51	3.58	86	13.6%	2.35 [0.98, 3.72]	
Total (95% CI)			341			756	100.0%	2.50 [1.56, 3.44]	
Heterogeneity: Tau ² =	1.19; Cl	ni² = 2	5.61, df	= 7 (P	= 0.00	06); l² =	- 73%		
Test for overall effect:	Z = 5.22	(P < (0.00001	I)					-4 -2 0 2 4 Favours [experimental] Favours [control]

FLEXION-EXTENSION ANGLE

	DLE NON-DLE							Mean Difference		Mean Difference				
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl		IV, Rande	om, 95% Cl			
Chen 2019	94.05	5.34	63	107.49	10.31	121	21.5%	-13.44 [-15.70, -11.18]						
Cheng 2020	97.56	6.89	97	102.37	9.1	113	21.6%	-4.81 [-6.98, -2.64]						
Huang 2016	26.3	5.6	6	34.6	9.2	52	16.8%	-8.30 [-13.43, -3.17]						
Li 2017	93.29	5.59	35	108.36	12.19	55	19.3%	-15.07 [-18.79, -11.35]	-					
Liu 2021	92.19	7.09	52	100.96	9.7	98	20.8%	-8.77 [-11.49, -6.05]						
Total (95% CI)			253			439	100.0%	-10.05 [-14.10, -6.00]						
Heterogeneity: Tau ² =	hi² = 3	38.77, c	f = 4 (P	< 0.000	01); l² =	90%			10					
Test for overall effect:	Z = 4.87 ((P < 0	0.00001)					-20	-10	U IU	20		
HMD IN NEUTRAL POSITION

		DLE		NON-DLE				Mean Difference	Mean Difference				
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% C	IV. Fixed, 95% CI				
Chen 2019	4.68	0.63	63	4.94	0.87	121	27.7%	-0.26 [-0.48, -0.04]	_ _				
Cheng 2020	4.68	0.62	97	4.95	0.91	113	30.8%	-0.27 [-0.48, -0.06]	_				
Hsiung 2004	5.2	0.8	19	5.3	0.7	37	7.4%	-0.10 [-0.52, 0.32]					
Jin 2016	4.75	0.69	35	4.86	0.69	158	20.9%	-0.11 [-0.36, 0.14]					
Li 2017	4.71	0.58	35	5.06	0.96	55	13.2%	-0.35 [-0.67, -0.03]					
Total (95% Cl) 249 484 100.0% -0.23 [-0.23 [-0.35, -0.12]	◆				
Heterogeneity: Chi ² =	1.99, df	= 4 (P	= 0.74)	; l ² = 0%	%								
Test for overall effect:	Test for overall effect: Z = 3.93 (P < 0.0001) -1 -0.5 0 0.5 1 Eavours [experimental] Eavours [control]												

HMD IN FULL EXTENSION

	Favours [experimental]			NON-DLE			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Cl
Chen 2019	5.47	0.41	63	5.68	0.62	121	25.1%	-0.21 [-0.36, -0.06]	_ - _
Huang 2016	5.3	1	6	5.2	1.1	52	6.3%	0.10 [-0.75, 0.95]	· · · · · · · · · · · · · · · · · · ·
Jin 2016	6.11	0.68	35	6.52	0.73	158	21.4%	-0.41 [-0.66, -0.16]	
Li 2017	5.4	0.37	35	6.18	0.83	55	21.4%	-0.78 [-1.03, -0.53]	← →
Liu 2021	5.95	0.35	52	6.56	0.44	98	25.8%	-0.61 [-0.74, -0.48]	
Total (95% CI)			191			484	100.0%	-0.46 [-0.70, -0.22]	← [
Heterogeneity: Tau ² = 0.06; Chi ² = 23.86, df = 4 (P < 0.0001); I ² = 83%									
Test for overall effect:	Z = 3.69 (P =	0.0002)							-1 -0.5 0 0.5 1

TMD IN NEUTRAL POSITION

		DLE		NON-DLE		Mean Difference		Mean Difference		
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV. Random, 95% C	1	IV. Random. 95% Cl
Chen 2019	5.65	0.87	63	6.33	1.17	121	15.0%	-0.68 [-0.98, -0.38]		
Cheng 2020	6.12	0.93	97	7.45	1.28	113	15.0%	-1.33 [-1.63, -1.03]		(
Hsiung 2004	6.2	0.8	19	6.4	0.8	37	13.4%	-0.20 [-0.64, 0.24]		
Jin 2016	6.41	0.68	35	6.46	0.77	158	15.4%	-0.05 [-0.31, 0.21]		
Li 2017	5.93	0.83	35	6.49	1.25	55	13.6%	-0.56 [-0.99, -0.13]		_ _
Liu 2022	5.13	1.05	22	5.87	0.96	73	12.8%	-0.74 [-1.23, -0.25]		
Paul 2016	5.87	0.68	31	6.11	1.01	86	14.8%	-0.24 [-0.56, 0.08]		
Total (95% Cl) 302 643 100.0%						643	100.0%	-0.54 [-0.91, -0.17]		-
Heterogeneity: Tau ² = 0.21; Chi ² = 47.87, df = 6 (P < 0.00001); l ² = 87%								<u> </u>		
Test for overall effect: $Z = 2.89 (P = 0.004)$									-2	-1 U 1 2 Favours [experimental] Favours [control]

TMD IN FULL EXTENSION

		DLE	NON-DLE				Mean Difference	Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV. Random, 95% CI
Chen 2019	7.06	0.58	63	8.27	1.04	121	21.4%	-1.21 [-1.44, -0.98]	
Huang 2016	5.6	0.9	6	7.2	0.2	52	7.5%	-1.60 [-2.32, -0.88]	←
Jin 2016	8.63	0.82	35	9.29	0.86	158	18.7%	-0.66 [-0.96, -0.36]	_ -
Li 2017	7.14	0.63	35	8.32	1.01	55	17.3%	-1.18 [-1.52, -0.84]	_ -
Liu 2021	7.4	0.56	52	8.31	0.46	98	23.7%	-0.91 [-1.09, -0.73]	
Liu 2022	6.19	1.09	22	7.66	1.11	73	11.5%	-1.47 [-1.99, -0.95]	
Total (95% CI)			213			557	100.0%	-1.09 [-1.32, -0.86]	•
Heterogeneity: Tau ² = 0.05; Chi ² = 15.62, df = 5 (P = 0.008); l ² = 68%									
Test for overall effect:	Z = 9.24	+ (P < (0.00001	Favours [experimental] Favours [control]					

SMD IN FULL EXTENSION

		DLE		NC	N-DL	E		Mean Difference	Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% Cl	CI IV. Fixed, 95% CI	
Chen 2019	15.89	1.25	63	17.94	1.51	121	23.3%	-2.05 [-2.46, -1.64]	.j — — —	
Huang 2016	15.2	1.8	6	16.1	1.9	52	1.7%	-0.90 [-2.43, 0.63]		
Jin 2016	15.97	1.83	35	17.07	1.7	158	8.9%	-1.10 [-1.76, -0.44]	j —•—	
Li 2017	16.06	1.21	35	18.01	1.47	55	12.5%	-1.95 [-2.51, -1.39]	j	
Liu 2021	14.33	0.9	52	16.28	0.69	98	49.7%	-1.95 [-2.23, -1.67]	j —∎-	
Liu 2022	12.88	2.1	22	14.09	2.11	73	3.9%	-1.21 [-2.21, -0.21]	i ———	
Total (95% CI)			213			557	100.0%	-1.85 [-2.05, -1.65]	1 ◆	
Heterogeneity: Chi ² =	9.51, df	= 5 (P	= 0.09)); ² = 47	%					
Test for overall effect: Z = 18.36 (P < 0.00001) Favours [control]										

Fig. 5

MMI

	DLE		NON-E	DLE		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% C	M-H. Random, 95% Cl
Chen 2019	43	63	43	121	10.6%	3.90 [2.04, 7.46]	
Cheng 2020	76	97	77	113	10.7%	1.69 [0.91, 3.16]	<u> </u>
Kharrat 2022	12	59	14	52	9.1%	0.69 [0.29, 1.67]	
Li 2017	25	35	19	55	8.9%	4.74 [1.89, 11.89]	
Liu 2021	29	52	9	98	9.2%	12.47 [5.19, 29.98]	
Ma 2016	2	22	6	40	5.1%	0.57 [0.10, 3.08]	
Meng 2010	7	7	14	46	2.3%	33.62 [1.80, 628.92]	→
Paul 2016	12	31	13	86	8.8%	3.55 [1.40, 9.02]	
Pinar 2009	10	22	6	72	7.4%	9.17 [2.80, 29.96]	
Sun 2015	36	64	26	93	10.5%	3.31 [1.70, 6.48]	
Wang 2012	9	20	9	69	7.7%	5.45 [1.77, 16.81]	
Wang 2021	15	37	29	141	9.8%	2.63 [1.22, 5.70]	
Total (95% CI)		509		986	100.0%	3.37 [2.07, 5.48]	
Total events	276		265				
Heterogeneity: Tau ² =	0.48; Chi ²	= 36.5	4, df = 11	(P = 0)	.0001); l² =	= 70%	
Test for overall effect:	Z = 4.88 (F	P < 0.0	0001)	Favours [experimental] Favours [control]			

Research algorithm for each database

Database	Research algorithm							
Pubmed	#1 Search: microsurgery[MeSH Terms] OR microscopy[MeSH Terms]							
	OR laryngoscopy[MeSH Terms]							
	#2 Search: laryngoscop*[Title/Abstract] OR laryngoscopic surgical							
	procedure*[Title/Abstract] OR surgery laryngoscopic[Title/Abstract]							
	OR laryngoscopic surger*[Title/Abstract] OR							
	microlaryngoscopy[Title/Abstract] OR suspension							
	laryngoscop*[Title/Abstract]							
	#3 #1 OR #2							
	#4 Search: predic*[Title/Abstract] OR factor[Title/Abstract] OR							
	preoperative*[Title/Abstract]							
	#5 Search: laryngeal exposure[Title/Abstract] OR difficult							
	laryngoscopy[Title/Abstract]							
	#6 #3 AND #4 AND #5							
Embase	#1 'suspension laryngoscopy'/exp OR 'microsurgery'/exp OR							
	'microscopy'/exp OR 'laryngoscopy'/exp OR 'microlaryngoscopy'/exp							
	#2 'laryngoscopic surgical procedure':ab,ti OR 'surgery							
	laryngoscopic':ab,ti OR 'laryngoscopic surger*':ab,ti							
	#3 #1 OR #2							
	#4 factor*:ab,ti OR predict*:ab,ti OR preoperative*:ab,ti							
	#5 'laryngeal exposure':ab,ti OR 'difficult laryngoscopy':ab,ti							
	#6 #3 AND #4 AND #5							

Web of science	#1 TS=(microsurgery OR microscopy OR laryngoscopy)								
	#2 (TS=(microsurgery OR microscopy OR laryngoscopy)) AND								
	TS=(laryngoscop* OR laryngoscopic surgical procedure* OR surgery								
	laryngoscopic OR laryngoscopic surger* OR microlaryngoscopy OR								
	suspension laryngoscop*)								
	#3 #1 OR #2								
	#4 TS=(predic*OR factor OR preoperative*)								
	#5 TS=(laryngeal exposure OR difficult laryngoscopy)								
	#6 #3 AND #4 AND #5								
Wanfang	SUB: ((suspension microlaryngoscopy) or SUB:(suspension								
	laryngoscopy) or SUB:(microlaryngoscopic surgery)) and SUB:								
	((exposure) or (difficult laryngoscopy)) and (SUB:(predict) or								
	SUB:(relate) or(influence))								
CNKI	TKA=('microlaryngoscopic surgery ' + ' suspension laryngoscopy' + '								
	laryngeal exposure ') AND TKA='predict' +'relate' +'influence'								

AND TKA='exposure'+'difficult laryngocopy'

Raw data composited of dichotomous and continuous variables collected from included studies

1. Modified	Cormack–Le				
Study	Events-	Total-	Events-non	Total-non	
	DLE	DLE	DLE	DLE	
Li 2017	13	35	2	55	
Paul 2016	13	31	75	86	
Kharrat	16	19	3	52	
2022					
2.Gender=r	nale				
study	Events-	Total-	Events-non	Total-non	
	DLE	DLE	DLE	DLE	
Chen 2019	29	63	65	121	
Cheng	40	97	52	113	
2020					
Hsiung	10	19	6	37	
2004					
Li 2017	18	35	20	55	
Liu 2021	30	52	46	98	
Paul 2016	28	31	68	86	
Huang	2	6	20	52	
2016					
Sun 2015	38	64	34	93	
Wang 2015	50	81	101	206	
Ma 2016	16	22	6	40	

Wei 2018	19	32	22	47							
Wang 2021	22	37	80	141							
3.Vertical thyroid-mental distance in neutral position											
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
	DLE	DLE		DLE	DLE	DLE					
Cheng 2020	4.49	0.82	97	5.05	0.9	113					
Hsiung	3.5	0.7	19	3.7	1	37					
2004				•. (
Jin 2016	4.81	1	35	4.71	0.95	158					
Li 2017	3	0.94	35	3.04	0.75	55					
4.Vertical thyroid-mental distance in full extension											
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
	DLE	DLE	0	DLE	DLE	DLE					
Jin 2016	7.77	1.14	35	8.11	1.06	158					
Li 2017	5.3	0.85	35	6.42	1.23	55					
5.Horizonta	ll thyroid-mer	ital distance	e in neutral positio	n							
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
0	DLE	DLE		DLE	DLE	DLE					
Cheng	5.65	0.74	97	5.99	1.02	113					
2020											
Jin 2016	5.15	1.12	35	4.99	0.95	158					
Li 2017	5.39	0.59	35	6.17	0.89	55					
6.Horizonta	ll thyroid-mer	ntal distance	e in full extension								
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
	DLE	DLE		DLE	DLE	DLE					

Jin 2016	2.68	0.67	35	2.74	0.84	158					
Li 2017	4.17	0.58	35	4.25	0.73	55					
7.Sterno-mental distance in neutral position											
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
	DLE	DLE		DLE	DLE	DLE					
Chen 2019	13.38	1.82	63	13.61	1.63	121					
Cheng	13.49	0.74	97	14.03	2.15	113					
2020											
Jin 2016	11.14	1.45	35	11.01	1.35	158					
Li 2017	13.44	1.74	35	13.55	1.58	55					
Liu 2022	11.24	1.87	22	11.54	1.97	73					
Paul 2016	12.62	1.93	31	12.65	1.6	86					
8.Thyroid-r	8.Thyroid-mental angle										
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					
	DLE	DLE		DLE	DLE	DLE					
Chen 2019	109.84	5.34	63	107.52	5.68	121					
Cheng	114.57	7.24	97	123.62	8.15	113					
2020											
Hsiung	139.5	8.6	19	118.8	11.4	37					
2004											
Jin 2016	121.29	8.87	35	134.29	8.38	158					
Li 2017	111.85	5.15	35	107.01	6.05	55					
9.Age			I								
9.Age study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non					

Chen 2019	45.62	12.07	63	41.38	10.54	121
Cheng 2020	48.73	16.07	97	45.16	13.95	113
Hsiung 2004	51.3	11	19	41	11	37
Li 2017	50.43	13.41	35	36.27	10.61	55
Liu 2021	44.41	8.62	52	41.76	10.79	98
Liu 2022	43.12	8.35	22	41.68	10.15	73
Ma 2016	45.25	12.37	22	40.55	9.73	40
10.Body ma	ass index					
study	Mean- DLE	SD- DLE	Total-DLE	Mean-non DLE	SD-non DLE	Total-non DLE
Chen 2019	23.85	3.94	63	23.17	2.05	121
Cheng 2020	24.18	3.02	97	23.59	2.65	113
Hsiung 2004	23.6	2.4	19	22.7	3.3	37
Li 2017	23.9	4.72	35	23.09	1.73	55
Liu 2021	27.64	3.21	52	24.04	1.69	98
Liu 2022	26.56	2	22	25.64	2.57	73
Paul 2016	23.91	4.34	31	22.36	3.8	86
Ma 2016	24.36	1.86	22	24.01	2.58	40
11.Modified	d Mallampati'	s index>=3				
study	Events- DLE	Total- DLE	Events-non DLE	Total-non DLE		

Chen 2019	43	63	43	121		
Cheng	76	97	77	113		
2020						
Li 2017	25	35	19	55		
Liu 2021	29	52	9	98		
Paul 2016	12	31	13	86		
Kharrat	12	19	14	52		
2022						
Meng 2010	7	7	14	46		
Wang 2012	9	20	5	69		
Sun 2015	36	64	26	93		
Ma 2016	2	22	6	40		
Wang 2021	15	37	29	141		
12.Inter-	incisor gap	X				
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	3.76	0.72	63	4.81	0.65	121
Cheng	3.81	0.74	97	4.13	0.98	113
2020						
Jin 2016	3.96	0.68	35	4.48	0.65	158
Li 2017	3.81	0.63	35	4.47	0.6	55
Liu 2021	4.04	0.35	52	4.03	0.27	98
Huang	3.7	0.3	6	4.3	0.4	52
2016						
13.Flexion-	extension ang	gle				

study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	94.05	5.34	63	107.49	10.31	121
Cheng	97.56	6.89	97	102.37	9.1	113
2020						
Li 2017	93.29	5.59	35	108.36	12.19	55
Liu 2021	92.19	7.09	52	100.96	9.7	98
Huang	26.3	5.6	6	34.6	9.2	52
2016				•		
14.Hyoid-m	nental distance	e in neutral	position			
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	4.68	0.63	63	4.94	0.87	121
Cheng	4.68	0.62	97	4.95	0.91	113
2020						
Hsiung	5.2	0.8	19	5.3	0.7	37
2004						
Jin 2016	4.75	0.69	35	4.86	0.69	158
Li 2017	4.71	0.58	35	5.06	0.96	55
15.Hyoid-m	ental distance	e in full ext	ension			
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	5.47	0.41	63	5.68	0.62	121
Jin 2016	6.11	0.68	35	6.52	0.73	158
Li 2017	5.4	0.37	35	6.18	0.83	55
Liu 2021	5.95	0.35	52	6.56	0.44	98

Huang	5.3	1	6	5.2	1.1	52
2016						
16.Thyroid	-mental distar	ice in neutra	al position	I	L	
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	5.65	0.87	63	6.33	1.17	121
Cheng	6.12	0.93	97	7.45	1.28	113
2020						
Hsiung	6.2	0.8	19	6.4	0.8	37
2004						
Jin 2016	6.41	0.68	35	6 .46	0.77	158
Li 2017	5.93	0.83	35	6.49	1.25	55
Liu 2022	5.13	1.05	22	5.87	0.96	73
Paul 2016	5.87	0.68	31	6.11	1.01	86
17.Thyroid	-mental distar	ice in full e	xtension			
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	7.06	0.58	63	8.27	1.04	121
Jin 2016	8.63	0.82	35	9.29	0.86	158
Li 2017	7.14	0.63	35	8.32	1.01	55
Liu 2021	7.4	0.56	52	8.31	0.46	98
Liu 2022	6.19	1.09	22	7.66	1.11	73
Huang	5.6	0.9	6	7.2	1.2	52
2016						
18.Sterno-n	nental distanc	e in full ext	ension	·	·	

study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	15.89	1.25	63	17.94	1.51	121
Jin 2016	15.97	1.83	35	17.07	1.7	158
Li 2017	16.06	1.21	35	18.01	1.47	55
Liu 2021	14.33	0.9	52	16.28	0.69	98
Liu 2022	12.88	2.1	22	14.09	2.11	73
Huang	15.2	1.8	6	16.1	1.9	52
2016						
19.Neck cir	cumference					
study	Mean-	SD-	Total-DLE	Mean-non	SD-non	Total-non
	DLE	DLE		DLE	DLE	DLE
Chen 2019	15.89	1.25	63	17.94	1.51	121
Jin 2016	15.97	1.83	35	17.07	1.7	158
Li 2017	16.06	1.21	35	18.01	1.47	55
Liu 2021	14.33	0.9	52	16.28	0.69	98
Liu 2022	12.88	2.1	22	14.09	2.11	73
Huang 2016	15.2	1.8	6	16.1	1.9	52

Events: number of people with the particular event. Total: number of all patients in different groups. SD: standard deviation. DLE: difficult laryngeal exposure.

Aggregation of the general information of included studies

Study/Collection period	Location	Subject (male/female)	Age	Incidenc e rate of DLE	Type of disease	Type of anesthesia	Laryngoscope Model
Meng,2010(1) 2006.05-2006.10	Department of ENT in Guangzhou First People's Hospital, Guangzhou, China	21/32	20-50(Me=30)	13.21%		Midazolam 1- 2mg/Kg Atracurium0.25- 0.5mg/kg or Vicuronium bromide 0.04- 0.08mg/kg Fentanyl 2-4 mg/kg Isopropylphenol 1-2mg/Kg Succinylcholine 1-2mg/Kg	
	0						

Wang,2012(2) 2010.10-2011-12	The Third Xiangya Hospital, Central South University, China	50/39	43.12±1.63	22.47%		Midazolam 5-10 mg/Kg Fentanyl 2 to 4 mg/kg Isoproterenol 1-2 mg/kg Rocuronium bromide 0.6-1.2 mg/kg	
Sun,2015(3) 2012.05-2013.05	Department of ENT in the Affiliated Hospital of Inner Mongolia Medical University, China	82/75	14- 71(46.064±11.69)	40.76%	Vocal fold polyp- 157 Vocal cord nodule-12 Vocal fold cyst-2 Amyloidosis of the vocal cords-2 Vocal cord nerve schwannoma tumor-1		
	0	I	I		1		

Wang,2015(4) 2013.01-2015.03	Department of ENT in Tangshan Xiehe hospital, Tangshan,China	154/133	21~74	28.22%	Vocal fold polyp Vocal cord leukoplakia Vocal fold cyst Early laryngeal carcinoma.	Midazolam 1- 2mg/Kg Sufentanil 0.2- 0.4µg/Kg Propofol2- 3mg/Kg Rocuronium bromide 0.6- 1.2mg/Kg	
Huang,2016(5) 2013.10-2015.09	Department of ENT in Shekou Hospital, Shenzhen, China	22/36	29- 71(46.5±13.4)	10.34%	Vocal fold polyp- 53 Vocal fold cyst-4 Early laryngeal carcinoma-1		
Ma,2016(6) 2013.10-2015.08	Department of ENT in Zhongshan hospital, Xiamen	22/40	16-69(Me=40)	35.48%	Vocal fold polyp- 42 Vocal fold cyst-8 Reinke's edema-4 Sulcus of the vocal	Endotracheal tube (diameter 5.5-6.0mm) The degree of muscle relaxation	8588BV,Karl Storz GmbH&Co (Outer diameter 28mm, inner diameter 17mm)
	0				·	·	

	University, Xiamen, China				folds-2 Vocal cord granulation-2 Laryngeal papilloma-2 Vocal fold closure Incomplete-2	reached TOF=0 and PTF<20	8590JA,Karl Storz GmbH&Co (Outer diameter 25mm, inner diameter 12mm)
Pual,2016(7) 2007.08-2009.07	Department of ENT in Christian Medical College, Vellore, India	96/21		26.49%	Vocal polyps Malignancy of the vocal cords Vocal cyst		Storz laryngoscope Anterior commissure scope for DLE patient
Jin,2016(8) 2013.05-2014.12	Department of ENT, The Second Affiliated Hospital of Zhejiang University School of Medicine, Hangzhou 310009, China	67/126	22-80 (47.8±11.2)	18.61%	Vocal fold polyp- 190 Laryngeal carcinoma-2 Vocal cord leukoplakia-1	Propofol 1.5-2.5 mg/kg Dexmedetomidin e 0.8-1 µg /kg Rocuronium bromide 5-10 µg/kg	Laryngoscope tube(ZC502.002) Laryngoscope holder(502.003) Hangzhou Nanyu medical instrument corporation
	0		·				

						0	
					•	Sufentanil 0.1- 0.5 µg/kg	
Li,2017(9) 2014.10-2015.05	Department of ENT, the First People's Hospital of Foshan, China	35/52	14-61 (41.78±13.42)	38.88%	Vocal fold polyp- 44 Vocal cord nodule-28 Vocal fold cyst-11 Vocal process granuloma-2 Vocal cord leukoplakia-5		Storz laryngoscope
Pinar,2009(10) 2005.01-2006.10	Otolaryngology Department, Ataturk Training and Research Hospital, Izmir, Turkey	79/14	22-85 (52.70±13.01)	23.65%	Vocal fold nodules or polyps Premalignant or malignant lesions of the larynx or hypopharynx Cysts of the supraglottis	Intubated with an endotracheal tube (5.5 or 6.0 mm in diameter) under general anesthesia and	8580B and 8585D, Karl Storz GmbH&Co, Germany
	0						

Liu,2021(11) 2020.01-2021.01	Department of Otolaryngology, Jiangsu Taizhou People's Hospital, Jiangsu, Taizhou	76/74	21-75 (44.33±10.63)	34.66%	Intracordal cysts Reinke's edema Large intubation granulomas Vocal fold polyp Vocal cord Ieukoplakia Vocal fold cyst Early laryngeal carcinoma Vocal fold	muscle relaxation.	Same model laryngoscope
	225300, China				papilloma Vocal fold granulomas	T = 1 = 1 = 11	
Liu, 2022(12) 2019.04-2020.10	Otorhinolaryngology , Tongren Hospital, Shanghai Jiao Tong University School of	73/22	16-69(42.0 ± 9.7)	23.15%	vocal fold nodules or polyps Premalignant or malignant lesions of the larynx or	Intubated with an endotracheal tube (5.5 or6.0 mm in diameter) under general	8575KA, Karl Storz, Germany
	0						

	Medicine, No. 1111 Xianxia Road, Shanghai 200336, China				hypopharynx Cysts of the supraglottis Intracordal cysts Reinke's edema large intubation granulomas.	anesthesia and muscle relaxation.	
Chen,2019(13) 2016.01-2017.05	Wuhan University School of Basic Medical Sciences,Wuhan 430000,China	94/90	21-68 (45.43±11.06)	34.23%	Vocal fold polyp- 86 Vocal cord nodule-58 Vocal fold cyst-28 Vocal process granuloma-7 Vocal cord leukoplakia-4		
Cheng,2020(14) 2017.05-2018.10	Department of Otolaryngology, Meizhou People's	77/133	21-71 (46.83±14.07)	44.09%	Vocal fold polyp- 104 Vocal cord		Laryngoscope ZC, Hangzhou Nanyu
	0					1	

	Hospital, Meizhou Hospital Affiliated to Sun Yat-sen University, Meizhou, Guangdong 514031, China			nodule-53 Vocal fold cyst-38 Reinke's edema- 15		medical instrument corporation
Hsiung,2004(15) 2002.01-2002.09	Tri-Service General Hospital, National Defense Medical Center, Taipei, Taiwan, R.O.C.	16/40	33.92%	Patients with dysphonia undergoing microlaryngoscopi c surgery	Intubated with an endotracheal tube (5.5 or 5.5 mm in diameter) under general anesthesia	Anterior commissure laryngoscope (8580B, 8585D, Karl Storz, GmbH & Co, Culver, CA or 10338501, 10338602,10338503 , Nagashima Medical Instrument Co., Tokyo, Japan) and holder
	0	1	1	I	I	

						device(8675 or 10338400)
Wei,2018(16) 2016.09-2017.09	Department of ENT,the Third People's Hospital of Huizhou City, Guangdong Province, Huizhou 516002,China	41/38	14-71 (46.05±11.65)	41.02%	Vocal fold polyp- 77 Vocal cord nodule-6 Vocal fold cyst-1 Amyloidosis of the vocal cords-1 Vocal cord nerve schwannoma tumor-1	
Wang,2021(17) 2016.10-2019-6	The First People's Hospital of Zhumadian City ,Zhumadian	102/76	20-69 (44.5 4 ± 1 3.6 0)	20.78%	Early laryngeal cancer patients undergoing microlaryngoscopi c surgery	
	0	1	1	1		1

	463000, Henan, China					
Kharrat,2022(18) 2021.01-2021.11	Department of Otorhinolaryngology , Habib Bourguiba Hospital, Sfax, Tunisia		23.45%	Patients with benign or malignant lesions of the larynx undergoing microlaryngoscopi c surgery	Intubated with the smallest possible endotracheal tube	

Aggregation of the detailed NOS score of included studies.

Study/Col lection period	Definition of DLE and non-DLE	Represent ativeness of the cases of the cases	Selecti on of Contr ols	Definitio n of controls	Comparability on the basis of the design	Ascertain ment of exposure	Same method of ascertain ment for cases and controls	Non- Respo nse rate
Meng,201	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
0(1)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2006.05-	Cormack-	with	control	e of	exposure without	physical	where	both
2006.10	Lehane scoring	defined	S	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls ó			ó	
		hospitals ó						

Wang,201	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
2(2)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2010.10-	Cormack-	with	control	e of	exposure without	physical	where	both
2011-12	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Sun,2015(Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
3)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2012.05-	Cormack-	with	control	e of	exposure without	physical	where	both
2013.05	Lehane scoring	defined	S	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		Ó						
						1		

Wang,201	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
5(4)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2013.01-	Cormack-	with	control	e of	exposure without	physical	where	both
2015.03	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Huang,20	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
16(5)	refer to	sample	al	occurrenc	laryngeal	records of	records	rate for
2013.10-	Hsiung,2004	with	control	e of	exposure without	physical	where	both
2015.09	with	defined	S	outcome	any additional	examinatio	blind to	groups
	independent	period of		both in	factors ó	n ó	case/contr	ó
	validation ó	time, area,		cases and			ol status	
		group of		controls			ó	
		hospitals		ó				
		6						
		1			I	1		

Ma,2016(Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
6)	refer to	sample	al	occurrenc	laryngeal	records of	records	rate for
2013.10-	Piazza,2014	with	control	e of	exposure without	physical	where	both
2015.08	with	defined	s	outcome	any additional	examinatio	blind to	groups
	independent	period of		both in	factors ó	n ó	case/contr	ó
	validation ó	time, area,		cases and			ol status	
		group of		controls			ó	
		hospitals		ó				
		ó						
Pual,2016	A defined	Random	Hospit	First	Study control for	Secure	Secure	Same
(7)	grading system	sample	al	occurrenc	laryngeal	records of	records	rate for
2007.08-	with	with	control	e of	exposure without	physical	where	both
2009.07	independent	defined	S	outcome	any additional	examinatio	blind to	groups
	validation ó	period of		both in	factors ó	n ó	case/contr	ó
		time, area,		cases and			ol status	
		group of		controls			ó	
		hospitals		ó				
		6						
		1	1	1	1	1	1	1

Jin,2016(Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
8)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2013.05-	Cormack-	with	control	e of	exposure without	physical	where	both
2014.12	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Li,2017(9	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
)	refer to	sample	al	occurrenc	laryngeal	records of	records	rate for
2014.10-	Roh,2005 with	with	control	e of	exposure without	physical	where	both
2015.05	independent	defined	S	outcome	any additional	examinatio	blind to	groups
	validation ó	period of		both in	factors ó	n ó	case/contr	ó
		time, area,		cases and			ol status	
		group of		controls			ó	
		hospitals		ó				
		ó						

Pinar,200	A defined	Random	Hospit	First	Study control for	Secure	Secure	Same
9(10)	grading system	sample	al	occurrenc	laryngeal	records of	records	rate for
2005.01-	with	with	control	e of	exposure without	physical	where	both
2006.10	independent	defined	s	outcome	any additional	examinatio	blind to	groups
	validation ó	period of		both in	factors ó	n ó	case/contr	ó
		time, area,		cases and			ol status	
		group of		controls			ó	
		hospitals		ó				
		ó						
Liu,2021(Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
11)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2020.01-	Cormack-	with	control	e of	exposure without	physical	where	both
2021.01	Lehane scoring	defined	S	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
		1						<u> </u>

Liu,	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
2022(12)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2019.04-	Cormack-	with	control	e of	exposure without	physical	where	both
2020.10	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Chen,201	Cormack-	Random	Hospit	First	Study control for	Secure	Retrospect	Same
9(13)	Lehane scoring	sample	al	occurrenc	laryngeal	records of	ive	rate for
2016.01-	with	with	control	e of	exposure without	physical	surveys	both
2017.05	independent	defined	S	outcome	any additional	examinatio	and	groups
	validation ó	period of		both in	factors ó	n ó	records	ó
		time, area,		cases and			not	
		group of		controls			blinded to	
		hospitals		ó			case/contr	
		ó					ol status	
		1	1	1	1	1	1	1

Cheng,20	Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
20(14)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2017.05-	Cormack-	with	control	e of	exposure without	physical	where	both
2018.10	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Hsiung,20	A defined	Unrepresen	Hospit	First	Study control for	Secure	Secure	Same
04(15)	grading system	tative	al	occurrenc	laryngeal	records of	records	rate for
2002.01-	with	sample	control	e of	exposure with	physical	where	both
2002.09	independent	with	S	outcome	confounders like	examinatio	blind to	groups
	validation ó	defined		both in	type of disease ó	n ó	case/contr	ó
		period of		cases and			ol status	
		time, area,		controls			ó	
		group of		ó				
		hospitals						
			•					

Wei,2018(Adequate and	Random	Hospit	First	Study control for	Secure	Secure	Same
16)	based on	sample	al	occurrenc	laryngeal	records of	records	rate for
2016.09-	Cormack-	with	control	e of	exposure without	physical	where	both
2017.09	Lehane scoring	defined	s	outcome	any additional	examinatio	blind to	groups
	with	period of		both in	factors ó	n ó	case/contr	ó
	independent	time, area,		cases and			ol status	
	validation ó	group of		controls			ó	
		hospitals		ó				
		ó						
Wang,202	Adequate and	Unrepresen	Hospit	First	Study control for	Secure	Secure	Same
1(17)	based on	tative	al	occurrenc	laryngeal	records of	records	rate for
2016.10-	Cormack-	sample	control	e of	exposure with	physical	where	both
2019-6	Lehane scoring	with	S	outcome	confounders like	examinatio	blind to	groups
	with	defined		both in	type of disease ó	n ó	case/contr	ó
	independent	period of		cases and			ol status	
	validation ó	time, area,		controls			ó	
		group of		ó				
		hospitals						
	N.		I					I

☆:	Kharrat,2	A defined	Random	Hospit	First	Study control for	Secure	Secure	Same	obtaining		
one point in	022(18)	grading system	sample	al	occurrenc	laryngeal	records of	records	rate for	the		
Newcastle-	2021.01-	with	with	control	e of	exposure without	physical	where	both	Ottawa		
Scale	2021.11	independent	defined	s	outcome	any additional	examinatio	blind to	groups	(NOS).		
		validation ó	period of		both in	factors ó	n ó	case/contr	ó			
			time, area,		cases and			ol status				
			group of		controls			ó				
			hospitals		ó							
			ó									

The results of sensitive analysis and publication bias

Factors	Partic	\mathbf{I}^2	Мо	OR/MD[95%CI]	OR/MD	95%CI	Egger(P	Begg(P
	ipants		del		Fluctuation	Fluctuation	value)	value)
Age	847	70%	R	5.47[2.44,8.51]	[3.830,6.210]	[1.903,9.733]	0.1189	0.1765
Gender	1628	65%	R	1.73[1.16,2.57]	[1.473,1.896]	[1.069,2.851]	0.09023	0.1702
BMI	964	78%	R	1.19[0.33,2.05]	[0.726,1.312]	[0.203,2.289]	0.8758	0.3223
MMI	1495	70%	R	3.37[2.07,5.48]	[3.328,4.347]	[2.254,6.688]	0.352	0.2429
IIG	885	95%	R	-0.52[-0.88,-0.15]	[-0.633-0.407]	[-1.001, 0.076]	0.05706	0.3476
Flexion- extension angle	692	90%	R	-10.05[-14.10,-6.00]	[-11.577, -8.857]	[-15.747, -4.531]	0.6893	0.6242
HMD in neutral position	733	0%	F	-0.23[-0.35,-0.12]	[-0.264, -0.214]	[-0.394, -0.076]	0.6414	0.6242
-					·			·

HMD in full	675	83%	R	-0.46[-0.70,-0.22]	[-0.568, -0.373]	[-0.772, -0.085]	0.8322	0.3272
extension								
TMD in	945	87%	R	-0.54[-0.91,-0.17]	[-0.633, -0.391]	[-1.019, -0.077]	0.8145	0.6523
neutral								
position								
TMD in full	770	68%	R	-1.09[-1.32,-0.86]	[-1.164, -1.031]	[-1.452, -0.782]	0.2748	0.573
extension								
SMD in full	770	47%	F	-1.85[-2.05,-1.65]	[-1.923, -1.612]	[-2.135, -1.151]	0.07428	0.1885
extension								
Neck	1097	73%	R	2.50[1.56,3.44]	[2.204, 2.866]	[1.228, 3.696]	0.5213	0.4579
circumferen								
ce								

BMI: body mass index; MMI: Modified Mallampati's Index; IIG: interincisors gap; HMD: hyoid-mental distance; TMD: thyroid-mental distance; SMD: sterno-mental distance.

The grade of subgroups according to the DLE definition.
		Non-DL	E group	DLE	group	
	Study	Grade 1	Grade 2	Grade 3	Grade 4	Position
	Meng2010, Wang2012	Completely exposure	Partial view of vocal	Nonvisualization of	The vocal folds and	Non mentioned
	Sun2015, Wang2015	vocal folds area and	cords with the	the anterior	epiglottis are not	
	Jin 2016, Li2017	anterior commissure	anterior commissure	commissure even	exposed and only the	
	Cheng2020, Wang2021	under suspension	seen only with	with external	soft palate is visible	
•	Wei2018	laryngoscopy	external pressure.	compression		
7	Paul2016	Full view of vocal	Partial view of vocal	Nonvisualization of	Visualization of only	Classic Boyce
		cords	cords with the	the anterior	posterior 1/3 of the	Jackson sniffing
			anterior commissure	commissure even	vocal cords	position.
			seen only with	with external		
			external pressure.	compression		
	Ma 2016	The anterior	The anterior	The anterior	Exposure of	Sniffing
		commissure	commissure	commissure exposed	laryngeal view	position
3		exposed in the	exposed in the	in the sniffing	limited to the	
		sniffing position,	sniffing position,	position, with small	posterior third or less	
		with large	with large	laryngoscopes and	of the vocal cord in	
		laryngoscopes and	laryngoscopes and		the sniffing position,	

		no external laryngeal	external laryngeal	external laryngeal	with small	
		pressure	pressure	pressure	laryngoscopes and	
					external laryngeal	
					pressure	
	Pinar2009,Hsiung2004,	The others were		Exposure of		Flexion-
	Kharrat2022	defined as non-DLE		laryngeal view		extension/classic
		groups.		limited to the		sniffing
				posterior third or less		or/Boyce-
				of the vocal cord in		Jackson position
				the sniffing position,		
				with small		
				laryngoscopes and		
				external laryngeal		
				pressure		
	Liu2021,Chen2019	Full view of vocal	Partial view of vocal	Visualization of only	Nonvisualization of	Neutral position
С		cords	cords or posterior	epiglottis	epiglottis and vocal	
			commissure		cords	

	Liu2022	Patients with full		The others were		Sniffifing
		view of the vocal		defined as non-DLE		position
		cords or simply		groups.		
		without exposure of				
		anterior commissure				
		after external manual				
D		compression				
	Huang2016	Full view of vocal	Simply non	Visualization of only	Visualization of only	Boyce-Jackson
		cords with or without	visualization of	posterior 2/3 of the	posterior 1/3 of the	position
		external compression	anterior commissure	vocal cords with	vocal cords with	
			with external	external compression	external compression	
			compression			

The data of age, BMI, and MMI are included in the overall analysis rather than subgroup analysis, as being insufficient to be transferred and aggregated.

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Supplementary figure 1.



Supplementary figure 2.

GENDER

	DLE		NON-I	DLE		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H. Random, 95% C	M-H. Random, 95% Cl
2.12.1 A					197		15
Cheng 2020	40	97	52	113	11.1%	0.82 [0.48, 1.42]	
Li 2017	18	35	20	55	8.5%	1.85 [0.78, 4.38]	
Paul 2016	28	31	68	86	5.6%	2.47 [0.67, 9.06]	3-1
Sun 2015	38	64	34	93	10.2%	2.54 [1.32, 4.87]	
Wang 2015	50	81	101	206	11.3%	1.68 [0.99, 2.83]	
Wang 2021	22	37	80	141	9.5%	1.12 [0.54, 2.33]	
Wei 2018	19	32	22	47	8.1%	1.66 [0.67, 4.12]	
Subtotal (95% CI)		377		741	64.3%	1.51 [1.09, 2.11]	
Total events	215		377				
Heterogeneity: Tau ² =	0.06; Chi ²	= 8.71	, df = 6 (F	P = 0.19	9); l ² = 319	6	
Test for overall effect:	Z = 2.46 (P = 0.0	1)				
2.12.2 B							
Hsiung 2004	10	10	6	37	5.8%	5 74 [1 64 20 14]	
Ma 2016	16	22	6	40	5.7%	15 11 [4 21 54 25]	
Subtotal (95% CI)	10	41	0	77	11.6%	9.24 [3.58, 23.86]	
Total events	26		12	5.00			
Heterogeneity: Tau ² =	0.05° Chi	= 1 12	df = 1 (F	P = 0.29	a) $l^2 = 119$	6	
Test for overall effect:	Z = 4.60 (P < 0.0	0001)	- 0.20	<i>y</i> , i = ii <i>y</i>		
2 4 2 2 0							
2.12.3 C	20	62	05	404	10.00/	0 70 10 40 4 951	
Chen 2019	29	63	00	121	10.0%	0.75 [0.40, 1.55]	
Subtotal (05%/ CI)	30	115	40	240	20 59/	1.54 [0.76, 3.04]	
Tatal avents	50	115		215	20.3 /0	1.05 [0.51, 2.17]	
Hotoregeneity Tau? -	0.17: Chi	- 2 52	df = 1 /5	- 0.11	11 12 - 608	1	
Test for overall effect:	Z = 0.13 (P = 0.9	() ()	- 0.11	1), 1 009	⁷⁰	
		1 100					
2.12.4 D							27 (272.00) (274.00)
Huang 2016	2	6	20	52	3.6%	0.80 [0.13, 4.78]	
Subtotal (95% CI)		6		52	3.6%	0.80 [0.13, 4.78]	
Total events	2		20				
Heterogeneity: Not ap	plicable						
Test for overall effect:	Z = 0.24 (P = 0.8	(1)				
Total (95% CI)		539		1089	100.0%	1.73 [1.16, 2.57]	◆
Total events	302		520				
Heterogeneity: Tau ² =	0.29; Chi ²	= 31.4	0, df = 11	(P = 0	.0010); l ² :	= 65%	
Test for overall effect:	Z = 2.70 (P = 0.0	07)				Eavours (experimental) Eavours (control)
Test for subaroup diffe	rences: C	hi ² = 18	5.07. df =	3 (P =	0.002). I ^z :	= 80.1%	Favous [experimental] Favous [control]

Supplementary figure 3.

AGE

1

		DLE		N	ON-DLI	Ε		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% C	IV, Random, 95% Cl
2.1.1 A							- 2		
Cheng 2020	48.73	16.07	97	45.16	13.95	113	17.2%	3.57 [-0.53, 7.67]	
Li 2017	50.43	13.41	35	36.27	10.61	55	14.9%	14.16 [8.91, 19.41]	\rightarrow
Subtotal (95% CI)			132			168	32.1%	8.73 [-1.64, 19.11]	
Heterogeneity: Tau ² = Test for overall effect:	50.29; 0 Z = 1.65	Chi ² = 9. 5 (P = 0.	69, df = 10)	= 1 (P =	0.002);	l ^a = 90	%		
2.1.2 B									
Hsiung 2004	51.3	11	19	41	11	37	13.3%	10.30 [4.22, 16.38]	
Subtotal (95% CI)			19			37	13.3%	10.30 [4.22, 16.38]	
Heterogeneity: Not ap	plicable								
Test for overall effect:	Z = 3.32	? (P = 0.	0009)						
2130									
Chen 2019	45.62	12.07	63	41 38	10.54	121	18.4%	4 24 10 72 7 761	
Liu 2021	44.41	8.62	52	41.76	10.79	98	19.1%	2 65 [-0 52 5 82]	
Subtotal (95% CI)		0.02	115	11.10	10.10	219	37.5%	3.36 [1.00, 5.72]	-
Heterogeneity: Tau ² =	0.00; Cł	ni² = 0.4	3, df =	1(P = 0)).51); l ²	= 0%			
Test for overall effect:	Z = 2.80	(P=0.	005)	100707 - 28	00000000				
2.1.4 D	10.10						-		
LIU 2022 Subtotal (05% CI)	43.12	8.35	22	41.68	10.15	73	17.0%	1.44 [-2./5, 5.63]	
Heterogeneity Net on	oliooblo		~~~			15	17.0%	1.44 [-2.75, 5.05]	
Test for overall effect:	7 = 0.67	P = 0	50)						
reation overall effect.	2 - 0.07	η - v.	50)						
Total (95% CI)			288			497	100.0%	5.63 [2.19, 9.07]	
Heterogeneity: Tau ² =	13.48; 0	Chi ² = 19	9.99, di	= 5 (P	= 0.001	; 2 = 7	5%		
Test for overall effect:	Z = 3.21	(P = 0.	001)						-10 -5 0 5 10 Eavours (experimental) Eavours (control)
Test for subaroup diffe	erences:	Chi ² = 6	6.60. df	= 3 (P :	= 0.09).	$1^2 = 54$.5%		ravous [expensional]

Supplementary figure 4.

BMI

		DLE		NO	DN-DL	E		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Ci
2.2.1 A									
Cheng 2020	24.18	3.02	97	23.59	2.65	113	16.7%	0.59 [-0.18, 1.36]	· · · · ·
Li 2017	23.9	4.72	35	23.09	1.73	55	12.1%	0.81 [-0.82, 2.44]	
Paul 2016	23.91	4.34	31	22.36	3.8	86	11.6%	1.55 [-0.18, 3.28]	
Subtotal (95% CI)			163			254	40.5%	0.76 [0.11, 1.41]	◆
Heterogeneity: Tau ² =	0.00; Cł	ni² = 0.	99, df =	= 2 (P =	0.61):	12 = 0%	5		
Test for overall effect:	Z = 2.30	(P=0	0.02)						
2.2.2 B									
Hsiung 2004	23.6	2.4	19	22.7	3.3	37	12.8%	0.90 [-0.61, 2.41]	
Subtotal (95% CI)			19			37	12.8%	0.90 [-0.61, 2.41]	
Heterogeneity: Not ap	plicable							1001 00 10	
Test for overall effect:	Z = 1.16	(P=(0.24)						
2.2.3 C									
Chen 2019	23.85	3.94	63	23.17	2.05	121	15.4%	0.68 [-0.36, 1.72]	
Liu 2021	27.64	3.21	52	24.04	1.69	98	15.9%	3.60 [2.67, 4.53]	
Subtotal (95% CI)			115			219	31.3%	2.15 [-0.71, 5.01]	
Heterogeneity: Tau ² =	4.01; Ch	nj² = 16	5.77, df	= 1 (P	< 0.00	01); 2 =	94%		
Test for overall effect:	Z = 1.47	(P=(0.14)	111100					
2.2.4 D									
Liu 2022	26.56	2	22	25.64	2.57	73	15.5%	0.92 [-0.10, 1.94]	
Subtotal (95% CI)			22			73	15.5%	0.92 [-0.10, 1.94]	
Heterogeneity: Not ap	plicable								
Test for overall effect:	Z = 1.76	(P=0	0.08)						
Total (95% CI)			319			583	100.0%	1.31 [0.36, 2.27]	-
Heterogeneity: Tau ² =	1.26; Ch	ni² = 29	9.0 6 , df	= 6 (P	< 0.00	01); 2 =	79%	S 22 A.	
Test for overall effect:	Z = 2.70	(P = 0)	0.007)			1			-4 -2 0 2 4
Test for subaroun diffe	erences:	Chi ² =	0.89.0	if = 3 (P	= 0.8	3), l ² =	0%		Favours [experimental] Favours [control]

Supplementary figure 5.

llG

Study or Subgroup Mean SD 2.4.1 A Cheng 2020 3.81 0.74 Jin 2016 3.96 0.68 Li 2017 3.81 0.63 Subtotal (95% CI) Heterogeneity: Tau² = 0.01; Chi² = 3.7 Test for overall effect: Z = 4.97 (P < 0 Subtotal (95% CI) Heterogeneity: Not applicable Z4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Z4.3 C C Chen 2019 3.76 0.72 Liu 2021 4.04 0.35 Heterogeneity: Tau² = 0.55; Chi² = 75 Test for overall effect: Z = 0.97 (P = 0	Total Mea 97 4.1 35 4.4 35 4.4 167 .71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	n <u>SD</u> 13 0.98 18 0.65 17 0.6 17 0.6 19 = 0.16); 11 0.65	Total 113 158 55 326 ² = 46% 0	Weight 16.6% 16.5% 16.3% 49.4%	IV, Random, 95% Cl -0.32 [-0.55, -0.09] -0.52 [-0.77, -0.27] -0.66 [-0.92, -0.40] -0.49 [-0.69, -0.30] Not estimable	IV. Random. 95% Cl
2.4.1 A Cheng 2020 3.81 0.74 Jin 2016 3.96 0.68 Li 2017 3.81 0.63 Subtotal (95% CI) Heterogeneity: Tau ² = 0.01; Chi ² = 3.7 Test for overall effect: Z = 4.97 (P < 0 2.4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Test for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 0.72 Liu 2021 4.04 0.35 Subtotal (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Test for overall effect: Z = 0.97 (P = 0	97 4.1 35 4.4 35 4.4 167 .71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	13 0.98 18 0.65 17 0.6 17 0.6 17 0.6 18 0.16); 10 0.65	113 158 55 326 ² = 46%	16.6% 16.5% 16.3% 49.4%	-0.32 [-0.55, -0.09] -0.52 [-0.77, -0.27] -0.66 [-0.92, -0.40] -0.49 [-0.69, -0.30]	
Cheng 2020 3.81 0.74 Jin 2016 3.96 0.68 Li 2017 3.81 0.63 Subtotal (95% CI) Heterogeneity: Tau² = 0.01; Chi² = 3.7 Test for overall effect: Z = 4.97 (P < 0	97 4.1 35 4.4 35 4.4 167 .71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	3 0.98 8 0.65 7 0.6 9 = 0.16); 81 0.65	113 158 55 326 I ² = 46%	16.6% 16.5% 16.3% 49.4%	-0.32 [-0.55, -0.09] -0.52 [-0.77, -0.27] -0.66 [-0.92, -0.40] -0.49 [-0.69, -0.30]	
Jin 2016 3.96 0.68 Li 2017 3.81 0.63 Subtotal (95% CI) Heterogeneity: Tau ² = 0.01; Chi ² = 3.7 Test for overall effect: Z = 4.97 (P < 0 2.4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Test for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 0.72 Liu 2021 4.04 0.35 Subtotal (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Test for overall effect: Z = 0.97 (P = 0	35 4.4 35 4.4 167 .71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	48 0.65 47 0.6 9 = 0.16); 81 0.65	158 55 326 I ² = 46% 0	16.5% 16.3% 49.4%	-0.52 [-0.77, -0.27] -0.66 [-0.92, -0.40] -0.49 [-0.69, -0.30] Not estimable	
Li 2017 3.81 0.63 Subtotal (95% CI) Heterogeneity: Tau ² = 0.01; Chi ² = 3.7 Test for overall effect: Z = 4.97 (P < 0 2.4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Test for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 0.72 Liu 2021 4.04 0.35 Subtotal (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Test for overall effect: Z = 0.97 (P = 0	35 4.4 167 .71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	17 0.6 ? = 0.16); 81 0.65	55 326 I ² = 46% 0	16.3% 49.4% 6	-0.66 [-0.92, -0.40] -0.49 [-0.69, -0.30] Not estimable	•
Subtotal (95% CI) Heterogeneity: Tau ² = 0.01; Chi ² = 3.7 Fest for overall effect: Z = 4.97 (P < 0 2.4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Test for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 0.72 Liu 2021 4.04 0.35 Subtotal (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Fest for overall effect: Z = 0.97 (P = 0	167 .71, df = 2 (P 0.00001) 0 63 63 4.8 52 4.0 115	9 = 0.16); 81 0.65	326 I² = 46% 0	49.4%	-0.49 [-0.69, -0.30] Not estimable	
Heterogeneity: Tau ² = 0.01; Chi ² = 3.7 Fest for overall effect: Z = 4.97 (P < 0	.71, df = 2 (P 0.00001) 0 63 4.8 52 4.0 115	9 = 0.16); 81 0.65	l² = 46%	6	Not estimable	
Fest for overall effect: Z = 4.97 (P < 0	0.00001) 0 63 4.8 52 4.0 115	31 0.65	0		Not estimable	
2.4.2 B Subtotal (95% CI) Heterogeneity: Not applicable Test for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 0.72 Ju 2021 4.04 0.35 Subtotal (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Fest for overall effect: Z = 0.97 (P = 0	0 63 4.8 52 4.0 115	31 0.65	0		Not estimable	
Subtotal (95% CI) leterogeneity: Not applicable Fest for overall effect: Not applicable 2.4.3 C Chen 2019 3.76 3.021 4.04 3.050 total (95% CI) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Fest for overall effect: Z = 0.97 (P = 0	0 63 4.8 52 4.0 115	31 0.65	0		Not estimable	
Heterogeneity: Not applicable Fest for overall effect: Not applicable 1.4.3 C Shen 2019 3.76 1.1 2021 4.04 1.1 4.04 0.35 Subtotal (95% CI) 1 Teterogeneity: Tau ² = 0.55; Chi ² = 75 Tetro overall effect: Z = 0.97 (P = 0)	63 4.8 52 4.0 115	81 0.65				
est for overall effect: Not applicable .4.3 C Chen 2019 3.76 Ju 2021 4.04 Jubtotal (95% CI) Teterogeneity: Tau ² = 0.55; Chi ² = 75 rest for overall effect: Z = 0.97 (P = 0	63 4.8 52 4.0 115	31 0.65				
2.4.3 C 3.76 0.72 Chen 2019 3.76 0.72 Ju 2021 4.04 0.35 Subtotal (95% CI) 1 1 Teterogeneity: Tau ² = 0.55; Chi ² = 75 75 Fest for overall effect: Z = 0.97 (P = 0) 0	63 4.8 52 4.0 115	31 0.65				
$\begin{tabular}{lllllllllllllllllllllllllllllllllll$	63 4.8 52 4.0 115	0.65				
iu 2021 4.04 0.35 Subtotal (95% Cl) leterogeneity: Tau ² = 0.55; Chi ² = 75 est for overall effect: Z = 0.97 (P = 0	52 4.0 115		121	16.8%	-1.05 [-1.26, -0.84]	
Subtotal (95% Cl) Heterogeneity: Tau ² = 0.55; Chi ² = 75 Fest for overall effect: Z = 0.97 (P = 0	115	3 0.27	98	17.5%	0.01 [-0.10, 0.12]	
Heterogeneity: Tau ² = 0.55; Chi ² = 75 Fest for overall effect: Z = 0.97 (P = 0			219	34.3%	-0.52 [-1.55, 0.52]	
est for overall effect: Z = 0.97 (P = 0	5.82, df = 1 (P < 0.00	001); 12	99%		
	0.33)					
2.4.4 D						
luang 2016 3.7 0.3	6 4.	3 0.4	52	16.3%	-0.60 [-0.86, -0.34]	
Subtotal (95% CI)	6		52	16.3%	-0.60 [-0.86, -0.34]	•
leterogeneity: Not applicable						
est for overall effect: Z = 4.46 (P < 0	0.00001)					
otal (95% CI)	288		597	100.0%	-0.52 [-0.88, -0.15]	-
Heterogeneity: Tau ² = 0.19; Chi ² = 93	3.91, df = 5 (i	P < 0.00	001); I ² :	= 95%	н <u> </u>	
Test for overall effect: Z = 2.79 (P = 0	0.005)				-2	-1 U 1
Test for subaroup differences: Chi ² =	0.41. df = 2	(P = 0.8	1). $I^2 = 0$	%	Fa	vours (experimental) Favours (control)

Supplementary figure 6.

NECK CIRCUMEFENCE

		DLE		N	ON-DL	E		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV. Random, 95% CI	IV. Bandom, 95% Cl
2.11.1 A							-		
Chena 2020	39.85	6.26	97	36.57	5.13	113	12.5%	3.28 [1.72, 4.84]	· · · · · · · · · · · · · · · · · · ·
Jin 2016	39.57	2.34	35	37.65	2.73	158	16.4%	1.92 [1.04, 2.80]	
Li 2017	33.09	4.09	35	32.77	1.86	55	13.2%	0.32 [-1.12, 1.76]	
Subtotal (95% CI)			167			326	42.1%	1.82 [0.39, 3.26]	
Heterogeneity: Tau ² =	1.18; CI	hi² = 7.	56, df	= 2 (P =	0.02);	$ ^2 = 74$	%		
Test for overall effect:	Z = 2.49	9 (P = 1	0.01)						
2.11.2 B									
Paul 2016	37.86	3.26	31	35.51	3.58	86	13.6%	2.35 [0.98, 3.72]	
Subtotal (95% CI)			31			86	13.6%	2.35 [0.98, 3.72]	
Heterogeneity: Not ap	olicable								
Test for overall effect:	Z = 3.35	5 (P = 1	0.0008)					
2.11.3 C									
Chen 2019	42.98	3.75	63	38.61	4.13	121	14.7%	4.37 [3.19, 5.55]	
Liu 2021	41.26	3.17	52	37.86	1.46	98	16.3%	3.40 [2.49, 4.31]	
Subtotal (95% CI)			115			219	31.0%	3.81 [2.87, 4.75]	-
Heterogeneity: Tau ² =	0.18; CI	hi² = 1.	62, df	= 1 (P =	0.20);	I ² = 38	%		
Test for overall effect:	Z = 7.95	5 (P < 1	0.0000	1)					
2.11.4 D									
Huang 2016	46.8	6.5	6	47.1	8.9	52	2.3%	-0.30 [-6.04, 5.44]	•
Liu 2022	41.36	3.98	22	39.31	3.67	73	10.9%	2.05 [0.19, 3.91]	
Subtotal (95% CI)			28			125	13.3%	1.83 [0.05, 3.60]	
Heterogeneity: Tau ² =	0.00; CI	hi ² = 0.	58, df	= 1 (P =	0.45):	12 = 0%	6		
Test for overall effect:	Z = 2.02	2 (P = 1	0.04)						
Total (95% CI)			341			756	100.0%	2.50 [1.56, 3.44]	-
Heterogeneity: Tau ² =	1.19: C	$hi^2 = 25$	5.61. df	f=7 (P	= 0.00	06); l ² =	= 73%	S 6	-t-t-t-t-t-t-
Test for overall effect:	Z = 5.22	(P <)	0.0000	1)					-4 -2 0 2 4
Test for subgroup diffe	orences	Chi? =	7.76	if = 3 /F	2 = 0.0	5) 12 =	61 3%		Favours [experimental] Favours [control]

Supplementary figure 7.

FLEXION-EXTENSION ANGLE



Supplementary figure 8.

HMD IN NEUTRAL POSITION



Supplementary figure 9.

HMD IN FULL EXTENSION

	Favours	[experime	ental]	N	DN-DL	E		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% C	IV. Random, 95% CI
2.7.1 A									
Jin 2016	6.11	0.68	35	6.52	0.73	158	21.4%	-0.41 [-0.66, -0.16]	
Li 2017	5.4	0.37	35	6.18	0.83	55	21.4%	-0.78 [-1.03, -0.53]	+
Subtotal (95% CI)			70			213	42.8%	-0.60 [-0.96, -0.23]	
Heterogeneity: Tau ² =	0.05; Chi ² =	4.15, df =	1(P = 0	.04); 12 :	= 76%				
Test for overall effect:	Z = 3.22 (P =	= 0.001)	2002.02	2011/01					
2.7.3 C									
Chen 2019	5.47	0.41	63	5.68	0.62	121	25.1%	-0.21 [-0.36, -0.06]	
Liu 2021	5.95	0.35	52	6.56	0.44	98	25.8%	-0.61 [-0.74, -0.48]	
Subtotal (95% CI)			115			219	50.9%	-0.41 [-0.80, -0.02]	
Heterogeneity: Tau ² =	0.07; Chi ² =	15.72, df	= 1 (P <	0.0001)	; 2 = 9	4%			
Test for overall effect:	Z = 2.06 (P =	= 0.04)	90						
2.7.4 D									
Huang 2016	5.3	1	6	5.2	1.1	52	6.3%	0.10 [-0.75, 0.95]	
Subtotal (95% CI)			6			52	6.3%	0.10 [-0.75, 0.95]	
Heterogeneity: Not app	plicable								
Test for overall effect:	Z = 0.23 (P =	= 0.82)							
Total (95% CI)			191			484	100.0%	-0.46 [-0.70, -0.22]	-
Heterogeneity: Tau ² =	0.06; Chi ² =	23.86, df	= 4 (P <	0.0001)	; I ^z = 8	3%		5. SS	
Test for overall effect:	Z = 3.69 (P =	= 0.0002)							-1 -0.5 0 0.5 1
Test for subgroup diffe	rences Chil	= 2.24 di	= 2 (P =	0.331	P = 10	8%			Favours [experimental] Favours [control]

Supplementary figure 10.

TMD IN NEUTRAL POSITION

O Total 3 97 3 35 3 35 3 35 3 31 198 43.96, df 0.08) 3 3 19 3 19 3 19 3 19 3 19 3 19 3 19 3 19 3 19	Mean 7.45 6.46 6.49 6.11 = 3 (P	SD 1.28 0.77 1.25 1.01 < 0.000	Total 113 158 55 86 412)01); I ²	Weight 15.0% 15.4% 13.6% 14.8% 58.7% = 93%	IV, Random, 95% Cl -1.33 [-1.63, -1.03] -0.05 [-0.31, 0.21] -0.56 [-0.99, -0.13] -0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	IV, Random, 95% Ci
3 97 3 35 3 35 3 31 198 43.96, df 0.08) 3 19 19	7.45 6.46 6.49 6.11 = 3 (P	1.28 0.77 1.25 1.01 < 0.000	113 158 55 86 412 001); I ²	15.0% 15.4% 13.6% 14.8% 58.7% = 93%	-1.33 [-1.63, -1.03] -0.05 [-0.31, 0.21] -0.56 [-0.99, -0.13] -0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	
3 97 3 35 3 35 3 31 198 43.96, df 0.08) 3 19 19	7.45 6.46 6.49 6.11 = 3 (P	1.28 0.77 1.25 1.01 < 0.000	113 158 55 86 412 001); I ²	15.0% 15.4% 13.6% 14.8% 58.7% = 93%	-1.33 [-1.63, -1.03] -0.05 [-0.31, 0.21] -0.56 [-0.99, -0.13] -0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	
3 35 3 35 3 31 198 43.96, df 0.08) 3 19 19	6.46 6.49 6.11 = 3 (P	0.77 1.25 1.01 < 0.000	158 55 86 412 001); I ²	15.4% 13.6% 14.8% 58.7% = 93%	-0.05 [-0.31, 0.21] -0.56 [-0.99, -0.13] -0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	
3 35 3 31 198 43.96, df 0.08) 3 19 19	6.49 6.11 = 3 (P	1.25 1.01 < 0.000	55 86 412 001); I ²	13.6% 14.8% 58.7% = 93%	-0.56 [-0.99, -0.13] -0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	
3 31 198 43.96, df 0.08) 3 19 19	6.11 = 3 (P	1.01 < 0.000	86 412 001); I ²	14.8% 58.7% = 93%	-0.24 [-0.56, 0.08] -0.54 [-1.15, 0.06]	
198 43.96, df 0.08) 3 19 19	= 3 (P	< 0.000	412 001); I ²	58.7% = 93%	-0.54 [-1.15, 0.06]	
43.96, df 0.08) 3 19 19	= 3 (P	< 0.000	001); l²	= 93%		
0.08) 3 19 19						
3 19 19						
3 19 19	C 4					
19	0.4	0.8	37	13.4%	-0.20 [-0.64, 0.24]	
			37	13.4%	-0.20 [-0.64, 0.24]	-
0.38)						
63	6.33	1.17	121	15.0%	-0.68 [-0.98, -0.38]	
63			121	15.0%	-0.68 [-0.98, -0.38]	◆
0.00001)					
5 22	5.87	0.96	73	12.8%	-0.74 [-1.23, -0.25]	
22			73	12.8%	-0.74 [-1.23, -0.25]	
0.003)						
302			643	100.0%	-0.54 [-0.91, -0.17]	•
47.87, df	= 6 (P	< 0.000	001); P	= 87%	L.	
0.004)					-2	Favours [evnerimental] Favours [control]
= 3.67. 0	f = 3 (P	= 0.30)), ² = '	18.3%		ravous [experimental] ravous [control]
	7 63 63 < 0.00001 5 22 22 = 0.003) 302 47.87, df = 0.004) ' = 3.67, df	7 63 6.33 63 63 c 0.00001) 5 22 5.87 22 e 0.003) 302 47.87, df = 6 (P - 0.004) = 3.67, df = 3 (P	7 63 6.33 1.17 63 < 0.00001) 5 22 5.87 0.96 22 = 0.003) 302 47.87, df = 6 (P < 0.000 = 0.004) = 3.67, df = 3 (P = 0.30	7 63 6.33 1.17 121 63 1.17 121 63 121 <0.00001) 5 22 5.87 0.96 73 22 73 = 0.003) 302 643 47.87, df = 6 (P < 0.00001); l ² = 0.004) = 3.67, df = 3 (P = 0.30), l ² =	7 63 6.33 1.17 121 15.0% 63 121 15.0% <0.00001) 5 22 5.87 0.96 73 12.8% 22 73 12.8% =0.003) 302 643 100.0% 47.87, df = 6 (P < 0.00001); l ² = 87% = 0.004) = 3.67, df = 3 (P = 0.30), l ² = 18.3%	7 63 6.33 1.17 121 15.0% -0.68 [-0.98, -0.38] 63 63 121 15.0% -0.68 [-0.98, -0.38] -0.68 [-0.98, -0.38] < 0.00001)

Supplementary figure 11.

TMD IN FULL EXTENSION



Supplementary figure 12.

SMD IN FULL EXTENSION

		DLE		NC	DN-DL	E		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI	IV, Fixed, 95% CI
2.10.1 A									
Jin 2016	15.97	1.83	35	17.07	1.7	158	8.9%	-1.10 [-1.76, -0.44]	
Li 2017	16.06	1.21	35	18.01	1.47	55	12.5%	-1.95 [-2.51, -1.39]	
Subtotal (95% CI)			70			213	21.4%	-1.60 [-2.02, -1.17]	◆
Heterogeneity: Chi ² =	3.70, df	= 1 (P	= 0.05	; l ² = 73	1%			S 5	
Test for overall effect:	Z = 7.33	3 (P <)	0.0000	1)					
2.10.3 C									
Chen 2019	15.89	1.25	63	17.94	1.51	121	23.3%	-2.05 [-2.46, -1.64]	
Liu 2021	14.33	0.9	52	16.28	0.69	98	49.7%	-1.95 [-2.23, -1.67]	+
Subtotal (95% CI)			115			219	73.0%	-1.98 [-2.21, -1.75]	◆
Heterogeneity: Chi ² =	0.16, df	= 1 (P	= 0.69	$ ^2 = 0$	6			100 TO	
Test for overall effect:	Z = 16.8	30 (P <	0.000	01)					
2.10.4 D									
Huang 2016	15.2	1.8	6	16.1	1.9	52	1.7%	-0.90 [-2.43, 0.63]	
Liu 2022	12.88	2.1	22	14.09	2.11	73	3.9%	-1.21 [-2.21, -0.21]	
Subtotal (95% CI)			28			125	5.6%	-1.12 [-1.96, -0.28]	
Heterogeneity: Chi ² =	0.11, df	= 1 (P	= 0.74	; I ² = 09	6				
Test for overall effect:	Z = 2.61	1 (P =)	0.009)						
Total (95% CI)			213			557	100.0%	-1.85 [-2.05, -1.65]	•
Heterogeneity: Chi ² =	9.51, df	= 5 (P	= 0.09	: 1 ² = 47	%			S 8 8	
Test for overall effect:	Z = 18.3	36 (P <	0.000	(1)					-2 -1 0 1 2
Test for subaroup diffe	erences:	Chi ² =	5.54.	If = 2 (P	= 0.0	6), J ² =	63.9%		Pavours [experimental] Pavours [control]

Supplementary figure 13.

MMI

97 77 35 19 7 14 31 13 64 20 37 29 20 9 37 29 291 18	s Total 113 55 46 8 86 93 9 69 141	Weight 11.4% 9.3% 2.3% 9.3% 11.1% 8.0%	M-H, Random, 95% Cl 1.69 [0.91, 3.16] 4.74 [1.89, 11.89] 33.62 [1.80, 628.92] 3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	M-H, Random, 95% Cl
97 73 35 19 7 14 31 13 64 20 20 9 37 29 291 18	7 113 9 55 4 46 8 86 9 93 9 69 9 141	11.4% 9.3% 2.3% 9.3% 11.1% 8.0%	1.69 [0.91, 3.16] 4.74 [1.89, 11.89] 33.62 [1.80, 628.92] 3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
97 77 35 19 7 14 31 13 64 20 9 37 29 291	7 113 9 55 4 46 3 86 3 93 9 69 9 141	11.4% 9.3% 2.3% 9.3% 11.1% 8.0%	1.69 [0.91, 3.16] 4.74 [1.89, 11.89] 33.62 [1.80, 628.92] 3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
35 19 7 14 31 13 64 20 20 9 37 29 291	9 55 4 46 3 86 3 93 9 69 1 141	9.3% 2.3% 9.3% 11.1% 8.0%	4.74 [1.89, 11.89] 33.62 [1.80, 628.92] 3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
7 14 31 13 64 20 20 9 37 29 291	4 46 3 86 3 93 9 69 9 141	2.3% 9.3% 11.1% 8.0%	33.62 [1.80, 628.92] 3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
31 13 64 26 20 9 37 29 291 183	8 86 93 9 69 141	9.3% 11.1% 8.0%	3.55 [1.40, 9.02] 3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
64 26 20 9 37 29 291 18	6 93 9 69 9 141	11.1% 8.0%	3.31 [1.70, 6.48] 5.45 [1.77, 16.81]	
20 9 37 29 291	69 141	8.0%	5.45 [1.77, 16.81]	
37 29 291 18	141	10 101		
291 18	000	10.4%	2.63 [1.22, 5.70]	
18	603	61.8%	3.16 [2.14, 4.68]	•
	1			
= 8.21, df = 6	P = 0.22	2); I ² = 27%	6	
< 0.00001)		50		
59 14	52	9.6%	0.69 [0.29, 1.67]	
22 (5 72	7.6%	9.17 [2.80, 29.96]	
81	124	17.3%	2.44 [0.19, 30.71]	
20)			
= 11.77. df = 1	(P = 0.0)	0006): I ² =	92%	
= 0.49)	,			
63 43	121	11.3%	3,90 (2.04, 7.46)	
52	98	9.6%	12.47 [5.19, 29.98]	
115	219	20.9%	6.71 [2.15, 20.89]	
5	2			
4.36 df = 1	P = 0.04	4): ² = 77%	6	
= 0.001)			-	
487	946	100.0%	3.68 [2.27, 5.97]	•
259	ł			1999
= 32 49 df = 1	0 (P = 0)	0003) 12 =	= 69%	1 I I I
< 0.00001)	2.02 E			0.05 0.2 1 5
$i^2 = 1.57$ df =	2(P = 0)	(46) $I^2 = 0$	0/0	Favours [experimental] Favours [control]
	59 14 22 6 81 20 = 11.77, df = 1 = 0.49) 63 43 52 9 115 52 = 4.36, df = 1 (= 0.001) 487 255 = 32.49, df = 1 < 0.00001) F = 1.57, df =	59 14 52 22 6 72 81 124 20 = 0.49) $63 43 121 52 9 98 115 219 98 115 219 98 115 219 98 115 219 98 115 219 98 115 219 98 129 129$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$